

HADLEIGH HARES HEALTH AND SAFETY POLICY



Hadleigh Hares Athletics Club has a duty of care towards their members and are responsible for ensuring all club activity is safe. Our Club committee will ensure that we manage any significant potential risks and help others to develop knowledge and awareness of basic safety requirements.

The planning and implementation of any activities in any situation will take the safety requirements into account to ensure both the organisers' and participants' safety.

Anyone that is a coach or run leader, with control of a facility (e.g. clubhouse, athletics track), or an event (e.g. road/fell/trail/XC race), has a duty to see that premises, equipment and activities are safe for all participants, officials, spectators, etc. From recreational running to the highest level of track and field, safety will be an integral part of athletics disciplines at all levels.

Hadleigh Hares Athletics Club will:

- Ensure members are accessing club activity safely, protecting them from harm, incidents, and accidents.
- Give our members confidence they can take part in athletics and running safely
- Ensure members have a positive experience
- Ensure members know what to do if an accident or incident happens
- Provide volunteers will clear processes to follow for club activity or if an incident happens thereby giving volunteer confidence to carry out their role