

## Hadleigh 5 and 10

### Overall Results Hadleigh 10

Place	Bib	Name	AG	Club	Gun	Chip
<b>Hadleigh 10</b>						
1.	10467	Kieran CLEMENTS	MS	Shaftesbury Barnet Harriers	49:06	49:06
2.	10354	Scott RAMSEY	MS	Ipswich Harriers	53:56	53:55
3.	10461	Mark HAYWARD	MV40	Newmarket Joggers	57:47	57:47
4.	10435	Henry CATLING	MS	Felixstowe RRC	59:50	59:49
5.	10408	Mark ALLEN	MV55	Ipswich Jaffa RC	1:00:19	1:00:18
6.	10345	Jim LAST	MV45	Framlingham Flyers	1:00:49	1:00:47
7.	10417	Adrian FROST	MV50	Saint Edmund Pacers	1:00:55	1:00:50
8.	10371	Oliver SCHOFIELD	MS	Saint Edmund Pacers	1:00:59	1:00:53
9.	10270	Haydn WADE	MS	Felixstowe RRC	1:01:14	1:01:13
10.	10361	Mark LLOYD	MV50	Harwich Runners	1:01:43	1:01:41
11.	10448	Colin RIDLEY	MV60	Colchester Harriers AC	1:01:47	1:01:45
12.	10225	Steve TAYLOR	MV40	Ipswich Jaffa RC	1:02:30	1:02:27
13.	10468	Paul WAIN	MS	Ipswich Jaffa RC	1:02:31	1:02:27
14.	10254	Nick LAWRIE	MV40	Unattached	1:02:54	1:02:50
15.	10315	Neil SMITH	MS	Framlingham Flyers	1:02:57	1:02:48
16.	10432	Jody WALKER	MV40	Nuclear Races Striders	1:03:03	1:03:01
17.	10394	Alex ARCHER	MS	Ipswich Jaffa RC	1:03:29	1:03:26
18.	10341	Benjamin JACOBS	MV45	Felixstowe RRC	1:03:30	1:03:29
19.	10383	Jason Isaac BRANDY	MS	Unattached	1:03:30	1:03:18
20.	10253	Simon DAY	MV45	Harwich Runners	1:03:40	1:03:37
21.	10240	Geraint WHITE	MS	Ipswich Jaffa RC	1:04:08	1:04:07
22.	10216	Richard SMITH	MV45	Unattached	1:04:16	1:04:10
23.	10231	Jerry WALDER	MV45	Colchester Harriers AC	1:04:46	1:04:44
24.	10265	Tom HANCOCK	MV50	Harwich Runners	1:05:08	1:05:05
25.	10462	Dave SOLOMON	MV55	Felixstowe RRC	1:05:38	1:05:34
26.	10304	Jon HARDING	MV50	Unattached	1:06:05	1:06:01
27.	10342	Robin BROOKES	MV50	Harwich Runners	1:06:19	1:06:15
28.	10308	Marcus CATLIN	MV45	Ipswich Jaffa RC	1:06:29	1:06:26
29.	10202	Phil WHITING	MV45	Norfolk Gazelles AC	1:06:55	1:06:49
30.	10355	Thomas ALEXANDER	MV40	Woodbridge Shufflers RC	1:06:55	1:06:52
31.	10451	James HAYWARD	MS	Ipswich Jaffa RC	1:06:57	1:06:54
32.	10374	Jem SMITH	MV45	Sudbury Joggers	1:07:07	1:06:58
33.	10426	Dan BROCKLEHURST	MS	Wymondham AC	1:07:41	1:07:30
34.	10322	Joey AVENELL	MS	Unattached	1:07:42	1:07:29
35.	10364	Adrian PEAKE	MV55	Ipswich Jaffa RC	1:07:45	1:07:41
36.	10442	Ross WILCOX	MV45	Stowmarket Striders RC	1:08:55	1:08:47
37.	10403	Samuel BLOWS	MS	Unattached	1:09:03	1:08:58
38.	10441	Maarten VRIEZEN	MV45	Unattached	1:09:13	1:09:04
39.	10309	Robin HARPER	MV45	Felixstowe RRC	1:09:16	1:09:12
40.	10332	Chris SERVANT	MV55	Ipswich Jaffa RC	1:09:19	1:09:15
41.	10243	Alec WRIGHT	MV40	Ipswich Jaffa RC	1:09:24	1:09:19
42.	10218	Tony SMART	MS	Unattached	1:09:25	1:09:18
43.	10326	Andrew TURNER	MV40	Hadleigh Hares AC	1:09:43	1:09:41
44.	10420	Chris PUGH	MS	Unattached	1:10:02	1:09:46
45.	10344	David DENNETT	MS	Unattached	1:10:17	1:09:48
46.	10393	Wendy SMITH	FV50	Saint Edmund Pacers	1:10:24	1:10:18
47.	10470	Christopher UNDERWOOD	MS	Newmarket Joggers	1:10:34	1:10:26
48.	10356	Christopher BOYT	MV45	Felixstowe RRC	1:10:35	1:10:31
49.	10464	Andrew DUNSTONE	MS	Unattached	1:10:40	1:10:28
50.	10353	Karl FEAGAN	MV45	Ipswich Harriers	1:10:44	1:10:42

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Place	Bib	Name	AG	Club	Gun	Chip
51.	10263	Richard NEWMAN	MV55	Harwich Runners	1:11:27	1:11:12
52.	10314	Gregor KENNEDY	MV50	Unattached	1:12:00	1:11:55
53.	10245	Matt TRILL	MV45	Ipswich Jaffa RC	1:12:01	1:11:54
54.	10443	Richard BECKETT	MV40	Unattached	1:12:05	1:11:36
55.	10325	Ian THOROUGHGOOD	MS	Capel Cheetahs	1:12:10	1:11:32
56.	10278	Nigel SCHOFIELD	MV55	Saint Edmund Pacers	1:12:20	1:12:12
57.	10478	Cinthia MATEO PENA	FS	Woodbridge Shufflers RC	1:12:27	1:12:16
58.	10210	Kerry BUCKLEY	MV50	Felixstowe RRC	1:12:31	1:12:26
59.	10340	Mallory DIXON	MS	Unattached	1:13:17	1:12:42
60.	10235	Alan JACKSON	MV60	Ipswich Jaffa RC	1:13:28	1:13:21
61.	10291	Femi ARIYO	MV45	Kesgrave Kruisers	1:13:46	1:13:13
62.	10425	Amanda PATTINSON	FV55	Unattached	1:13:50	1:13:29
63.	10392	Simon ASKEW	MV45	Unattached	1:13:52	1:13:38
64.	10406	Stephen DUNNETT	MV60	Framlingham Flyers	1:13:59	1:13:52
65.	10367	Richard WOLD	MV60	Felixstowe RRC	1:14:10	1:14:05
66.	10307	Clifford BUSH	MV55	Unattached	1:14:11	1:13:59
67.	10299	Sandy THOROGOOD	FV55	Unattached	1:14:14	1:14:01
68.	10358	Aaron PERERA	MS	Unattached	1:14:16	1:14:04
69.	10429	Daniel PELLING	MV50	Haverhill Running Club	1:14:20	1:14:11
70.	10347	Neville CLARKE	MV65	Newmarket Joggers	1:14:26	1:14:16
71.	10430	Samuel JOWERS	MV50	Unattached	1:14:30	1:14:11
72.	10391	Benjamin ASKEW	MV45	Unattached	1:14:57	1:14:44
73.	10219	Robert FARTHING	MV40	Unattached	1:15:10	1:14:52
74.	10293	Chris REGAN	MV55	Colchester Harriers AC	1:15:34	1:15:12
75.	10321	Sean AVENELL	MS	Harwich Runners	1:15:48	1:15:35
76.	10259	Gary DONOGHUE	MV55	Harwich Runners	1:15:55	1:15:39
77.	10436	Val JENNINGS	FV55	Ipswich Jaffa RC	1:15:56	1:15:49
78.	10396	Neil DENNIS	MS	Stowmarket Striders RC	1:16:18	1:15:40
79.	10282	Heather BUSH	FV45	Unattached	1:16:24	1:16:15
80.	10337	Peter WARLAND	MV55	Stowmarket Striders RC	1:16:28	1:16:10
81.	10472	Christopher FULLER	MS	Saxmundham Sports Running & Fitness	1:16:45	1:16:35
82.	10247	Kim PRETTY	MV65	Harwich Runners	1:16:46	1:16:30
83.	10234	Phil SANDERSON	MV60	Harwich Runners	1:16:59	1:16:47
84.	10422	Mark LEWIS	MV45	Saint Edmund Pacers	1:17:04	1:16:55
85.	10452	Karen STAPLETON	FV45	Harwich Runners	1:17:06	1:16:53
86.	10458	Jonathan HESKETH	MV40	Unattached	1:17:09	1:16:59
87.	10457	William TAYLOR	MS	Framlingham Flyers	1:17:38	1:17:00
88.	10217	Matt BENSON	MV40	Sudbury Joggers	1:17:41	1:17:23
89.	10289	Ian WHITE	MV50	TRISudbury	1:17:45	1:17:27
90.	10319	Jo STEPHENSON	FV55	Stowmarket Striders RC	1:17:54	1:17:35
91.	10465	Emily GOODERHAM	FS	Saint Edmund Pacers	1:17:54	1:17:41
92.	10370	Robin BELSOM	MV60	Ipswich Jaffa RC	1:18:35	1:18:13
93.	10438	Clare DOUGLAS	FS	Stowmarket Striders RC	1:18:38	1:18:19
94.	10300	Alan OLIVER	MV55	Kesgrave Kruisers	1:18:41	1:18:09
95.	10290	Helen ARIYO	FV40	Kesgrave Kruisers	1:18:42	1:18:10
96.	10475	Chris CHORLEY	MV55	Bungay Black Dog RC	1:18:45	1:18:12
97.	10205	Joss DOBBIE	MV50	Unattached	1:18:57	1:18:38
98.	10446	John RAINBOW	MV40	Framlingham Flyers	1:19:09	1:18:31
99.	10224	Kimberley DYE	FS	Ipswich Jaffa RC	1:19:09	1:19:02
100.	10421	Jamie PICKERING	MS	Unattached	1:19:12	1:18:53
101.	10363	Kevin WHELAN	MV55	Felixstowe RRC	1:19:20	1:19:08
102.	10256	Ian CANNONS	MV50	Harwich Runners	1:19:26	1:19:15

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103.	10284	Geraldine CLARKE	FV55	Framlingham Flyers	1:19:30	1:19:09
104.	10285	Stuart CLARKE	MV40	Unattached	1:19:30	1:19:09
105.	10241	Mary NAREY	FV55	Stowmarket Striders RC	1:19:36	1:19:17
106.	10445	Mark ANDREWS	MV55	Unattached	1:19:45	1:19:29
107.	10277	Simon HAIGH	MV55	Orion Harriers	1:19:49	1:19:28
108.	10477	David CHURCH	MV50	Felixstowe RRC	1:19:51	1:19:29
109.	10328	Jim ALDRIDGE	MV45	Ipswich Jaffa RC	1:19:59	1:19:47
110.	10206	Tom HARGREAVE	MV50	Unattached	1:20:50	1:20:31
111.	10433	Brenna KEYNEJAD	FS	Unattached	1:21:07	1:20:43
112.	10331	Toby HILL	MS	Unattached	1:21:30	1:20:46
113.	10212	Simon APPLEBY	MV45	Unattached	1:21:35	1:21:11
114.	10201	George SADLER	MV50	Unattached	1:21:49	1:21:22
115.	10423	Keith LANSDOWN	MV55	Ipswich Jaffa RC	1:22:19	1:22:12
116.	10376	Simon GARNER	MV50	Harwich Runners	1:22:26	1:22:09
117.	10257	Tim PARNELL	MV55	Ipswich Jaffa RC	1:22:31	1:22:23
118.	10439	Donna COOPER	FS	Stowmarket Striders RC	1:22:35	1:22:16
119.	10280	Karl GRAVES	MV50	Boxted Runners	1:22:43	1:22:40
120.	10318	Mary-Ann TULI	FV50	Haverhill Running Club	1:22:45	1:22:31
121.	10302	Dave YOUNG	MV50	Unattached	1:22:51	1:22:25
122.	10303	Helen CAME	FS	Unattached	1:22:58	1:22:45
123.	10382	Paul GILSON	MV60	Ipswich Jaffa RC	1:23:01	1:22:56
124.	10286	Alan HILLYARD	MV60	Ipswich Triathlon Club	1:23:40	1:23:32
125.	10214	Debbie CATLING	FV50	Felixstowe RRC	1:23:48	1:23:25
126.	10335	Belinda GODBOLD	FV60	Hadleigh Hares AC	1:24:11	1:24:03
127.	10473	Adam COX	MS	Unattached	1:24:42	1:23:52
128.	10334	Vincent STEENSMA	MV50	Capel Cheetahs	1:24:58	1:24:21
129.	10276	Joanne PLUMB	FV50	Orion Harriers	1:25:01	1:24:41
130.	10447	Katarzyna DABROWSKA	FS	Unattached	1:25:02	1:24:22
131.	10275	Rachel SOUTHGATE	FV40	Unattached	1:25:16	1:25:08
132.	10338	Sharon WARLAND	FV55	Stowmarket Striders RC	1:25:28	1:25:08
133.	10463	Michelle HEWITT	FS	Framlingham Flyers	1:25:39	1:25:10
134.	10281	Valentina BURLEY	FV50	Harwich Runners	1:25:42	1:25:26
135.	10453	Thomas MOORE	MS	Unattached	1:25:57	1:25:37
136.	10279	Doug GRIMWADE	MV55	Unattached	1:26:33	1:26:19
137.	10262	Peter BENTON	MV55	Great Bentley Running Club	1:26:53	1:26:37
138.	10413	Helen CAREY	FV55	Great Bentley Running Club	1:26:53	1:26:38
139.	10427	Duncan COX	MV50	Unattached	1:27:19	1:26:36
140.	10368	Paul BARTON	MV55	Unattached	1:27:33	1:27:24
141.	10296	Sarah CROSS	FS	Harwich Runners	1:27:41	1:27:26
142.	10261	Emma DUFFY	FS	Harwich Runners	1:27:44	1:27:29
143.	10428	Katie HANDS	FV40	Unattached	1:27:47	1:27:36
144.	10329	Chris SQUIRRELL	MV40	Unattached	1:27:53	1:27:50
145.	10466	Glen MURES	MV50	Felixstowe RRC	1:28:30	1:28:07
146.	10365	Ian RAYMANT	MV65	Boxted Runners	1:28:33	1:28:08
147.	10327	Marie PAVELEY	FV45	Capel Cheetahs	1:28:51	1:28:08
148.	10381	Phil DAVIES	MV55	Ipswich Jaffa RC	1:29:36	1:29:28
149.	10251	Jeff HIGGON	MV70+	Harwich Runners	1:29:50	1:29:33
150.	10410	Peter	MV60	Unattached	1:29:59	1:29:37
151.	10444	Peter WOODS	MS	Felixstowe RRC	1:30:06	1:29:41
152.	10227	Eamonn MCCUSKER	MV65	Ryston Runners	1:30:11	1:29:32
153.	10384	Jimmy ELMER	MV50	Ipswich Jaffa RC	1:30:19	1:30:11
154.	10264	Jenny LYNCH	FV55	Felixstowe RRC	1:30:21	1:29:54

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155.	10469	Matthew STEARN	MV60	Unattached	1:30:21	1:29:53
156.	10390	Bobbie SAUERZAPF	FV60	Bungay Black Dog RC	1:30:25	1:29:52
157.	10250	Ian BOWN	MV55	Boxted Runners	1:30:27	1:29:57
158.	10471	Alisma DODD	FS	Unattached	1:30:27	1:29:50
159.	10404	Clive GIPSON	MV40	Unattached	1:30:41	1:29:54
160.	10301	Christopher SMITH	MV55	Unattached	1:30:45	1:30:18
161.	10419	Tony STEWART	MV65	Lonely Goat RC	1:31:10	1:30:45
162.	10223	Amanda DAVIS	FV45	Unattached	1:31:11	1:31:04
163.	10450	Helen YELLOP	FV55	Capel Cheetahs	1:31:20	1:30:36
164.	10400	Sian EVANS	FS	Unattached	1:31:26	1:30:52
165.	10399	Joel COOPER	MS	Unattached	1:31:26	1:30:52
166.	10295	Will WHITE	MS	Felixstowe RRC	1:31:26	1:30:52
167.	10311	James WATSON	MS	Unattached	1:31:28	1:30:47
168.	10416	Robert REASON	MV55	Stowmarket Striders RC	1:32:01	1:31:26
169.	10320	David FIELD	MV60	Stowmarket Striders RC	1:32:06	1:31:47
170.	10209	Anthony SMITH	MV55	Witham RC	1:32:23	1:31:44
171.	10244	Claire MATHIESON	FV50	Unattached	1:33:31	1:33:16
172.	10306	Chris HOWLAND	MV55	Felixstowe RRC	1:33:50	1:33:27
173.	10249	Muriel LOVERING	FV45	Harwich Runners	1:33:59	1:33:42
174.	10230	Peter JOHNSON	MV60	Unattached	1:34:11	1:33:13
175.	10246	Christina PRETTY	FV60	Harwich Runners	1:34:17	1:34:00
176.	10312	Ben DIXON	MV40	Unattached	1:34:34	1:33:53
177.	10313	Geraldine CLIFFORD	FV45	Unattached	1:34:34	1:33:52
178.	10242	Jennifer WRIGHT	FV40	Ipswich Jaffa RC	1:34:41	1:34:31
179.	10454	Kelly GUYON	FV40	Unattached	1:34:42	1:34:00
180.	10455	Bradley GUYON	MV50	Unattached	1:34:42	1:34:00
181.	10424	Kate HUTSON	FV40	Ipswich Jaffa RC	1:34:54	1:34:45
182.	10402	Jan WILCOX	FV55	Boxted Runners	1:35:41	1:35:10
183.	10411	Penelope WALKER	FS	Unattached	1:35:47	1:35:26
184.	10316	Alexander DAVEY	MS	Unattached	1:35:48	1:35:08
185.	10203	Ross SILVERTON	MV70+	Witham RC	1:35:55	1:35:47
186.	10238	Davd APLIN	MV50	Unattached	1:36:33	1:36:14
187.	10369	Liza PUTWAIN	FV40	Stowmarket Striders RC	1:36:38	1:36:18
188.	10434	Adrian COLE	MV60	Stowmarket Striders RC	1:36:39	1:36:15
189.	10221	Sam HARDWICK	MS	Stowmarket Striders RC	1:37:03	1:36:27
190.	10414	Graeme JOHNSTON	MV50	Haverhill Running Club	1:37:45	1:37:31
191.	10229	Shaun TYE	MV40	Harwich Runners	1:38:02	1:37:44
192.	10386	Linsey WRIGHT	FV40	Unattached	1:38:05	1:37:35
193.	10385	Darren JAMES	MV45	Unattached	1:38:06	1:37:36
194.	10401	Annie GOURLAY	FV40	Sudbury Joggers	1:38:18	1:37:58
195.	10378	Sarah PENNOCK	FV40	Sudbury Joggers	1:38:18	1:37:58
196.	10204	William BURDETT	MV60	Stowmarket Striders RC	1:38:32	1:37:56
197.	10389	Lorraine COLLINS	FV50	Unattached	1:39:17	1:38:52
198.	10388	John STONEMAN	MV50	Unattached	1:39:17	1:38:52
199.	10412	David SEYMOUR	MV60	Felixstowe RRC	1:39:41	1:39:24
200.	10208	Helen SCHOFIELD	FV45	Stamford Striders	1:40:11	1:39:44
201.	10292	Victoria MCCREA	FS	Harwich Runners	1:40:28	1:40:10
202.	10405	Lisa SUTHERLAND	FV50	TRISudbury	1:41:16	1:40:32
203.	10258	Zoe GOWER	FS	Ipswich Phoenix Running Club	1:41:33	1:40:52
204.	10310	Sue SHIPPEY	FV50	Witham RC	1:41:43	1:41:27
205.	10357	Steve BRIGHT	MV55	Lonely Goat RC	1:41:44	1:40:53
206.	10222	Sarah STANLEY	FS	Unattached	1:42:03	1:41:49

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207.	10380	Kyle THOMPSON	MS	Unattached	1:42:18	1:41:49
208.	10236	Karen FLOWERS	FV50	Witham RC	1:42:28	1:42:12
209.	10409	Joe NAUGHTON	MV60	Stowmarket Striders RC	1:42:37	1:42:12
210.	10415	Paul RENDLE	MS	Unattached	1:43:27	1:42:49
211.	10324	Kim BRAYBROOK	FS	Unattached	1:44:06	1:43:23
212.	10377	Steven REYNOLDS	MV60	Unattached	1:44:47	1:44:30
213.	10305	Karen JEFFREYS	FV45	Unattached	1:44:47	1:44:36
214.	10287	Karen BAKSH	FV45	Unattached	1:44:47	1:44:36
215.	10269	David ROUT	MV65	Harwich Runners	1:47:18	1:47:00
216.	10297	Janine EDGAR	FV40	Unattached	1:49:30	1:48:37
217.	10298	Brett PRINGLE	MV40	Unattached	1:49:30	1:48:37
218.	10440	Sally SQUIRRELL	FV45	Unattached	1:51:39	1:51:23
219.	10237	Jackie COLLINS	FV55	Felixstowe RRC	1:51:44	1:51:15
220.	10456	Yazmine SIEVEY	FS	Unattached	1:52:42	1:52:00
221.	10360	Sue HARGADON	FV65	Woodbridge Shufflers RC	1:54:40	1:53:47
222.	10431	Anneli OSTLER	FV40	Felixstowe RRC	1:56:18	1:55:44
223.	10474	Kirsty MARSH	FS	Felixstowe RRC	1:57:05	1:56:33
224.	10395	Jo WHELAN	FV60	Felixstowe RRC	1:57:05	1:56:33
225.	10397	Jacqueline ALLPORT	FV55	Felixstowe RRC	1:57:05	1:56:34
226.	10398	Richard ALLPORT	MV55	Felixstowe RRC	1:57:06	1:56:33
227.	10330	Deborah LAKE	FV60	Unattached	2:06:18	2:05:26
DNF	10211	Paul SCHWER	MV60	Felixstowe RRC		

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