

Hadleigh Hares 10 Mile Road Race Results 2008

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:56:58	247	James	Calvert	Ipswich JAFFA	Male Senior
2	00:57:29	117	Wesley	Benton	Sudbury Joggers	Male Senior
3	00:57:49	268	Stephen	Whiting	London Frontrunners	Male Vet 40
4	00:58:24	267	Shaun	Whellan	London Frontrunners	Male Vet 45
5	00:58:36	307	Peter	Speake	Bildeston Bounders AC	Male Senior
6	00:59:42	85	Andy	Jones	City of Norwich AC	Male Senior
7	01:00:10	34	Robert	chenery	Ipswich JAFFA	Male Senior
8	01:02:28	300	Keon	Smeets	Unattached	Male Senior
9	01:02:37	277	Jason	Meachon	Harwich Runners	Male Senior
10	01:02:46	50	Roger	Stone	Felixstowe Road Runners	Male Vet 40
11	01:03:06	255	Paul	Helliwell	Colchester Harriers AC	Male Vet 40
12	01:04:35	195	Alexander	MacMillen	Colchester Harriers AC	Male Vet 40
13	01:05:01	311	Robert	Reason	Unattached	Male Senior
14	01:05:04	333	Tom	Kinojorn	St Edmund Pacers	Male Senior
15	01:05:12	327	Shaun	Lark	Lowestoft Road Runners	Male Senior
16	01:05:13	161	Andrew	Houghton	Unattached	Male Vet 50
17	01:05:35	47	Gary	Thompson	Ipswich JAFFA	Male Senior
18	01:05:48	251	Noel	Keely	Colchester Harriers AC	Male Vet 40
19	01:06:26	287	Scott	Macysephney	Ipswich JAFFA	Male Vet 40
20	01:06:29	131	Darren	Sheppard	Fell Runners Association	Male Senior
21	01:06:31	136	Darren	Judd	Sudbury Joggers	Male Senior
22	01:06:53	202	Paul	Deasy	Unattached	Male Senior
23	01:07:00	252	David	Wright	Colchester Harriers AC	Male Vet 50
24	01:07:04	250	Charlotte	Smith	Colchester Harriers AC	Female Senior
25	01:07:10	186	Andrew	Buck	Sudbury Joggers	Male Vet 40
26	01:07:13	159	Terry	Epps	Wymondham AC	Male Vet 50
27	01:07:16	276	Chris	Taylor	Hallanshire Harriers	Male Senior
28	01:07:40	116	Stuart	Green	Stowmarket Striders	Male Vet 45
29	01:07:50	298	Mike	Greener	St Edmund Pacers	Male Senior
30	01:08:03	190	Paul	McClland	Harwich Runners	Male Vet 40
31	01:08:14	169	Steven	Rendall-Read	Lowestoft Road Runners	Male Vet 45
32	01:08:24	9	Paul	Brookshaw	Gt Yarmouth RRC	Male Vet 45
33	01:08:48	29	Jason	Ridgeon	Unattached	Male Vet 40
34	01:08:49	249	Robert	Smith	Colchester & Tendring AC	Male Senior
35	01:09:00	143	Jemery	Smith	Sudbury Joggers	Male Senior
36	01:09:04	164	Adam	Johnson	Hadleigh Hares A.C.	Male Senior
37	01:09:08	196	Andy	Wray	Colchester & Tendring AC	Male Senior
38	01:09:26	269	Vince	calver	Felixstowe Road Runners	Male Senior
39	01:09:30	243	Valery	Gladwell	Hadleigh Hares A.C.	Female Senior
40	01:09:50	163	John	Thorpe	Ipswich JAFFA	Male Senior
41	01:09:52	69	Lynn	Higgs	Colchester Harriers AC	Female Vet 45
42	01:10:01	33	Duncan	Chenery	Ipswich JAFFA	Male Vet 45
43	01:10:02	105	Carl	Heron	Queensbury RC (Bradford)	Male Vet 45
44	01:10:16	14	Gregor	Kennedy	Unattached	Male Vet 40
45	01:10:18	129	Richard	Newman	Harwich Runners	Male Vet 40
46	01:10:21	299	John	Greener	St Edmund Pacers	Male Senior
47	01:10:44	4	Arthur	Whiston	Colchester Harriers AC	Male Vet 55
48	01:10:48	96	Trevor	Fulcher	Unattached	Male Senior
49	01:11:00	315	Peter	Masman	53-12 Multisports Not Aff.	Male Vet 40
50	01:11:11	264	Chris	Seymour	Stowmarket Striders	Male Senior
51	01:11:33	205	James	Short	Unattached	Male Vet 45
52	01:12:00	41	Lucy	Bowditch	Ipswich Triathlon Club	Female Vet 45
53	01:12:00	40	Mark	Bowditch	Ipswich Triathlon Club	Male Vet 40
54	01:12:16	285	Patrick	Marsh	Colchester Harriers AC	Male Vet 40
55	01:12:26	10	Paul	Horne	Vegetarian Cycling & AC	Male Vet 45
56	01:12:30	244	John	Rizzo-Naudi	Triatholon Essex	Male Senior
57	01:12:42	260	Mellisa	Dowell	Colchester Harriers AC	Female Vet 40
58	01:12:51	245	Alexander	Skaug	Triatholon Essex	Male Senior

Hadleigh Hares 10 Mile Road Race Results 2008

Pos	Time	No	First Name	Surname	Club Name	Category
59	01:12:54	280	Becky	McCorquodale	Harwich Runners	Female Vet 35
60	01:12:58	296	Joe	Hormsey	Diss Athletic Club	Male Senior
61	01:13:06	289	Ian	Coxall	Ipswich JAFFA	Male Senior
62	01:13:18	37	Jason	Pryke	Unattached	Male Senior
63	01:13:46	322	Chris	Green	Gt Bentley Running Club	Male Vet 45
64	01:13:58	316	Phil	Jarvis	Triathlon Essex	Male Vet 40
65	01:14:21	223	Steve	Gray	Stowmarket Striders	Male Vet 45
66	01:14:26	246	Paul	Wythe	Ipswich JAFFA	Male Senior
67	01:14:29	291	Charlotte	Knappen	Unattached	Female Senior
68	01:14:30	309	Andrew	Ramsbottom	Unattached	Male Vet 40
69	01:14:46	314	Tony	Sandster	53-12 Multisports Not Aff.	Male Vet 40
70	01:14:50	332	Ben	Green	Unattached	Male Senior
71	01:14:53	182	Sarah	Fossberg	Harwich Runners	Female Vet 40
72	01:14:58	326	Darren	Evans	Unattached	Male Vet 40
73	01:15:05	253	Kate	Wooldridge	Ipswich JAFFA	Female Vet 35
74	01:15:14	304	Derek	Greenham	Colchester & Tendring AC	Male Vet 45
75	01:15:17	208	Nigel	Rogers	Unattached	Male Senior
76	01:15:21	114	Mary	Narey	Stowmarket Striders	Female Vet 40
77	01:15:21	292	Gianlvia	Jevlgano	Ipswich JAFFA	Male Senior
78	01:15:21	312	David	Goldsmith	Unattached	Male Senior
79	01:16:05	293	Mark	Weston	Ipswich JAFFA	Male Senior
80	01:16:05	8	Rob	Clayton	Felixstowe Road Runners	Male Vet 50
81	01:16:32	160	Mike	Brown	Unattached	Male Senior
82	01:16:42	279	Reg	Woodarr	Unattached	Male Vet 65+
83	01:16:48	301	Andrew	Gilbert	Unattached	Male Vet 45
84	01:16:54	135	Simon	Meecham	Ipswich JAFFA	Male Senior
85	01:17:02	213	Nicola	Pyle	Springfield Striders AC	Female Vet 40
86	01:17:06	71	Richard	Watson	Bedford Harriers	Male Vet 40
87	01:17:08	261	Wendy	Staines	Discovery Tri Club	Female Vet 40
88	01:17:16	84	David	Marsh	Ipswich JAFFA	Male Senior
89	01:17:21	30	Pru	Hayhow	Grange Farm Trotters	Female Vet 40
90	01:17:32	137	Gregory	McDowell	Tiptree Road Runners	Male Senior
91	01:17:38	212	Ian	Thurgood	Unattached	Male Vet 45
92	01:17:40	220	Paul	Woster	Unattached	Male Vet 45
93	01:17:48	48	David	Dunlake	Unattached	Male Vet 40
94	01:17:58	191	Jamie	Neill	Unattached	Male Senior
95	01:18:24	139	Ben	Johnson	Unattached	Male Senior
96	01:18:27	323	Pat	Abbott	Fitness First	Male Senior
97	01:18:35	81	John	Ford	Unattached	Male Vet 50
98	01:18:42	103	Nick	Power	Unattached	Male Vet 40
99	01:18:43	266	Derrek	Hamon	Unattached	Male Senior
100	01:18:45	79	Karen	Bunting	Lowestoft Road Runners	Female Vet 40
101	01:18:45	162	Chris	Mascall	Unattached	Male Senior
102	01:18:45	192	Tim	Turner	Harwich Runners	Male Vet 40
103	01:18:54	189	Michelle	Gordon	Felixstowe Road Runners	Female Senior
104	01:19:07	239	Anthony	Maclean	Framlingham Flyers	Male Senior
105	01:19:10	185	Kevin	Stevens	Unattached	Male Senior
106	01:19:21	290	Darren	Allen	Hadleigh Hares A.C.	Male Vet 40
107	01:19:26	209	Tim	earl	Waveney Valley AC	Male Senior
108	01:19:27	64	Lorraine	Whitmarsh	City of Norwich AC	Female Senior
109	01:19:47	111	Mark	Andrews	Unattached	Male Vet 40
110	01:20:04	206	David	Hilson	Unattached	Male Vet 45
111	01:20:10	294	Simon	Lockwood	Ipswich Triathlon Club	Male Vet 40
112	01:20:12	262	Halley	Suttle	Stowmarket Striders	Female Vet 40
113	01:20:23	183	Glyn	Peck	Harwich Runners	Male Vet 65+
114	01:20:24	320	Mark	Averly	Ipswich JAFFA	Male Vet 40
115	01:21:00	229	Jenny	Christain	Wymondham AC	Female Vet 50
116	01:21:00	184	Jeff	Higgon	Harwich Runners	Male Vet 55

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Pos	Time	No	First Name	Surname	Club Name	Category
117	01:21:04	295	Dennis	Warner	Harwich Runners	Male Vet 45
118	01:21:05	222	Carol	Fowles	Stowmarket Striders	Female Vet 45
119	01:21:24	145	Frank	Moggan	Stowmarket Striders	Male Vet 55
120	01:21:30	263	Penny	Waggott	Stowmarket Striders	Female Vet 40
121	01:21:42	155	Pauline	Norman	Lowestoft Road Runners	Female Vet 55+
122	01:21:55	118	Lynn	Tanner	Springfield Striders AC	Female Vet 55+
123	01:21:58	106	Ian	Morris	Unattached	Male Senior
124	01:22:09	80	Noel	Benn	Unattached	Male Senior
125	01:22:39	25	Neil	Williams	Capel Cheetahs	Male Vet 45
126	01:22:45	178	Ian	Mudge	Unattached	Male Vet 50
127	01:22:50	181	Kate	Thomas	Harwich Runners	Female Vet 35
128	01:23:00	248	Sarah	Miller	Ipswich JAFFA	Female Vet 50
129	01:23:03	310	Chris	Hayhow	Grange Farm Trotters	Male Vet 45
130	01:23:05	130	David	Punt	Bungay Black Dog RC	Male Vet 50
131	01:23:20	70	Roger	Hobson	Woodbridge Shufflers	Male Vet 60
132	01:23:26	193	Tim	Warner	Harwich Runners	Male Vet 45
133	01:23:29	272	B	Murphy	Unattached	Male Senior
134	01:23:35	154	David	Garnham	Ipswich JAFFA	Male Vet 40
135	01:23:41	302	Christine	Marsh	Woodbridge Shufflers	Female Vet 50
136	01:23:49	24	Jason	Walne	Unattached	Male Senior
137	01:23:51	151	Lorriane	Wilkin	Springfield Striders AC	Female Vet 40
138	01:24:15	297	John	Greener	Bildeston Bounders AC	Male Vet 65+
139	01:24:22	235	Darren	Walsh	Unattached	Male Vet 40
140	01:24:44	39	Carla	Holroyd	Harwich Runners	Female Vet 50
141	01:25:17	283	Jonathan	Burls	Harwich Runners	Male Vet 45
142	01:25:20	258	Paul	Maycock	Unattached	Male Vet 50
143	01:25:26	275	Roger	Alexander	Colchester & Tendring AC	Male Vet 45
144	01:25:39	273	Mel	Roberts	Woodbridge Shufflers	Female Vet 50
145	01:25:46	325	Ernie	Ross	Fitness First	Male Vet 45
146	01:25:46	324	Caroline	Hunt	Unattached	Female Senior
147	01:25:56	166	Karl	Penaluna	Felixstowe Road Runners	Male Vet 40
148	01:25:57	172	Tim	Finegan	Felixstowe Road Runners	Male Vet 45
149	01:25:59	90	Simone	Aurighi	Collegion Harriers S.Africa	Male Senior
150	01:26:07	74	Alistair	Gillan	Springfield Striders AC	Female Vet 40
151	01:26:15	171	John	Van-Weegen	Stowmarket Striders	Male Vet 45
152	01:26:34	121	Mick	Staines	Pitsea Running Club	Male Vet 60
153	01:26:37	303	Ian	Gilbert	Unattached	Male Vet 40
154	01:26:37	305	Monica	Saez	Unattached	Female Vet 35
155	01:26:42	100	Hazel	Spalding	Ipswich JAFFA	Female Vet 50
156	01:26:43	127	Matt	Kett	Tiptree Road Runners	Male Senior
157	01:26:51	91	Patrick	Larke	Wymondham AC	Male Vet 50
158	01:27:01	231	Willa	McDonald	Stowmarket Striders	Female Vet 40
159	01:27:06	168	Diane	Knights	Stowmarket Striders	Female Vet 50
160	01:27:09	157	Jason	Mann	Unattached	Male Vet 40
161	01:27:12	265	Richard	Geurts	Unattached	Male Vet 60
162	01:27:13	329	Sue	Osbourne	Unattached	Female Vet 40
163	01:27:42	124	Stephen	Bricett	British Athletics AC	Male Vet 45
164	01:28:08	123	Sarah	Owen	British Athletics AC	Female Vet 40
165	01:28:26	18	Julian	Cordwell	Harwich Runners	Male Vet 55
166	01:28:30	26	Sati	Sembhi	Unattached	Female Vet 40
167	01:28:38	256	Ann	Piercy	Harwich Runners	
168	01:28:51	174	Rosalind	Maulkerson	Unattached	Female Vet 40
169	01:28:55	165	Mike	Rosbrook	Hadleigh Hares A.C.	Male Vet 65+
170	01:29:02	254	Leslie	Basham	Stowmarket Striders	Male Vet 55
171	01:29:17	1	Sarah	Hunt	Hadleigh Hares A.C.	Female Vet 40
172	01:29:37	318	Christopher	Browes	Felixstowe Road Runners	Male Vet 45
173	01:29:44	257	Fay	Helliwell	Colchester Harriers AC	Female Vet 35
174	01:29:52	286	Debbie	Ghant	Stowmarket Striders	Female Vet 40

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Pos	Time	No	First Name	Surname	Club Name	Category
175	01:29:57	308	John	Webb	Unattached	Male Vet 60
176	01:29:58	313	Barry	Curtis	Sudbury Joggers	Male Senior
177	01:30:49	321	Keith	Barrett	Stowmarket Striders	Male Vet 55
178	01:30:55	56	Steve	Mayhew	Unattached	Male Vet 40
179	01:30:57	188	Martin	West	Harwich Runners	Male Vet 60
180	01:31:03	61	Danny	Harwood	Unattached	Male Senior
181	01:31:03	77	Fiona	Gusling	Unattached	Female Vet 50
182	01:31:21	12	Kate	Stannett	Ipswich Triathlon Club	Female Vet 45
183	01:31:28	271	David	shiness	Unattached	Male Senior
184	01:31:35	73	Julie	Haselwood	Ipswich JAFFA	Female Vet 55+
185	01:31:46	22	Anthony	Delogu	Unattached	Male Vet 45
186	01:31:48	2	Steven	Reynolds	Unattached	Male Vet 50
187	01:32:03	60	Stuart	Orrin	Unattached	Male Senior
188	01:32:04	284	Bob	Rowles	Harwich Runners	Male Vet 45
189	01:32:16	78	Simon	Bunting	Lowestoft Road Runners	Male Vet 40
190	01:32:25	204	Dan	Gouws	Unattached	Male Senior
191	01:32:25	180	Emile	Breytenbach	Unattached	Male Senior
192	01:33:04	227	Cliff	Moore	Unattached	Male Vet 60
193	01:33:15	319	Ann	Rideout	Felixstowe Road Runners	Female Vet 40
194	01:33:15	331	Alex	Kiczcr	Unattached	Male Vet 40
195	01:33:23	306	Adrian	Russell	Unattached	Male Vet 45
196	01:33:48	210	Sandra	Bumphrey	Capel Cheetahs	Female Vet 35
197	01:34:22	49	Stephen	Lawson	Havering 90 Joggers	Male Vet 50
198	01:35:47	32	Keith	Fisher	Unattached	Male Vet 45
199	01:36:22	230	Ronald	Marsh	Wymondham AC	Male Vet 65+
200	01:36:23	278	Sascha	Cutura	Unattached	Female Senior
201	01:37:34	125	Tony	Nunn	Unattached	Male Senior
202	01:37:35	110	Lucill	Curtis	Unattached	Female Senior
203	01:37:54	317	Frank	Gardener	Gt Bentley Running Club	Male Vet 50
204	01:38:04	330	Jo	Dickinson	Felixstowe Road Runners	Female Vet 35
205	01:38:27	27	Rob	Butler	Unattached	Male Vet 45
206	01:38:44	214	Cathrine	Carfoot	Triathlon Essex	Female Senior
207	01:38:54	270	Anna	Shiness	Unattached	Female Senior
208	01:39:16	199	Liam	Coffey	Unattached	Male Senior
209	01:39:44	102	Michael	Jackson	Unattached	Male Vet 55
210	01:40:38	240	Jenny	O'Hanlon	Capel Cheetahs	Female Vet 35
211	01:42:14	198	Chris	Lewis	Unattached	Male Senior
212	01:42:14	328	Paul	Hastings	Unattached	Male Vet 40
213	01:42:21	82	Sarah	Hibble	Unattached	Female Vet 35
214	01:42:24	5	Julie	Thurlow	Ipswich JAFFA	Female Vet 50
215	01:42:43	46	Anna	Anderson	Harwich Runners	Female Vet 35
216	01:42:47	274	Lisa	Smith	Hadleigh Hares A.C.	Female Vet 35
217	01:43:58	66	Bob	Barbiaux	Unattached	Male Vet 50
218	01:44:01	228	Cyril	Coleman	Unattached	Male Vet 60
219	01:44:24	215	Gi	Kwong-Cheung	Ipswich JAFFA	Male Vet 40
220	01:45:29	259	Paul	Harvey	Unattached	Male Senior
221	01:46:00	126	Maxine	Nunn	Unattached	Female Vet 35
222	01:46:37	203	Sue	George	Unattached	Female Vet 45
223	01:46:46	140	Andy	Severy	Unattached	Male Vet 50
224	01:46:46	219	Carol	Woster	Unattached	Female Vet 45
225	01:47:31	149	Jane	Fisher	Unattached	Female Vet 35
226	01:47:43	233	Michelle	Howard	Unattached	Female Vet 35
227	01:47:55	236	Elizabeth	Edwards	Unattached	Female Senior
228	01:47:58	6	Brian	Turner	Ipswich JAFFA	Male Vet 65+
229	01:48:07	234	Lee	Speight	Unattached	Male Senior
230	01:49:03	281	Helen	Eaton	Orion Harriers	Female Vet 55+
231	01:49:04	282	Sean	O'Sullivan	Orion Harriers	Male Vet 50
232	01:49:44	288	Andrew	Vauhinsbergh	Unattached	Male Senior

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Pos	Time	No	First Name	Surname	Club Name	Category
233	01:49:50	3	Suzanne	Bailey	Unattached	Female Vet 35
234	01:57:28	31	Jaspar	Corbett	Hadleigh Hares A.C.	Male Vet 40
235	02:00:02	175	Paul	Woodyard	Unattached	Male Senior
236	02:02:08	13	Paul	Warren	Unattached	Male Vet 55
237	02:13:36	83	Sharon	Butcher	Unattached	Female Vet 35
238	02:14:11	207	Glenda	Taylor	Stowmarket Striders	Female Vet 55+
239	02:15:06	53	Jeanne	Lynch-Aird	Stowmarket Striders	Female Vet 50
240	02:15:06	68	Kim	Gravell	Unattached	Female Vet 45
241	02:20:43	7	Carolyn	Wood	Unattached	Female Vet 40
	dns/dnf	11	Charlie	Stannett	Ipswich Triathlon Club	Male Vet 50
	dns/dnf	15	Elezabeth	Preston	Havering 90 Joggers	Female Vet 55+
	dns/dnf	16	Ian	Brown	Unattached	Male Vet 45
	dns/dnf	17	Ian	Linton	Tiptree Road Runners	Male Vet 55
	dns/dnf	19	Alan	Jackson	Ipswich JAFFA	Male Vet 45
	dns/dnf	20	Robert	Ansell	Unattached	Male Vet 40
	dns/dnf	21	Pippa	Wilson	Unattached	Female Vet 35
	dns/dnf	23	Lee	Bollotti	Unattached	Male Senior
	dns/dnf	28	Stephen	Morley	Brandon Fern Hoppers	Male Vet 55
	dns/dnf	35	Stuart	Dolan	Unattached	Male Senior
	dns/dnf	36	Paul	Molyneux	Springfield Striders AC	Male Senior
	dns/dnf	38	Joanne	Triggs	Unattached	Female Vet 40
	dns/dnf	42	Robert	Shaw	Sudbury Joggers	Male Vet 50
	dns/dnf	43	Carol	Shaw	Sudbury Joggers	Female Vet 50
	dns/dnf	44	Julie	Boyden	Witham RC	Female Vet 45
	dns/dnf	45	Laura	Ridge	Unattached	Female Senior
	dns/dnf	51	Ange	Jackson	Cumberland Fell Runners	Female Senior
	dns/dnf	52	Mike	Harrison	Cumberland Fell Runners	Male Senior
	dns/dnf	54	Julia	Easter	Goyt Valley Striders	Female Vet 40
	dns/dnf	55	Nicola	Ramsey	Ipswich JAFFA	Female Senior
	dns/dnf	57	Frances	Humphries	Vegan Runners	Female Vet 55+
	dns/dnf	58	Anna	Martin	Unattached	Female Senior
	dns/dnf	59	Sheila	Gillie	Unattached	Female Vet 50
	dns/dnf	62	Richard	Stubblings	Unattached	Male Vet 50
	dns/dnf	63	John	reynolds	Unattached	Male Vet 40
	dns/dnf	65	Laura	Steavenson	Unattached	Female Senior
	dns/dnf	67	Irvine	Marr	Ipswich JAFFA	Male Senior
	dns/dnf	72	Chris	Burke	Hadleigh Hares A.C.	Male Vet 50
	dns/dnf	75	Allison	Cook	Springfield Striders AC	Female Vet 40
	dns/dnf	76	John	Tunaley	Ipswich JAFFA	Male Vet 55
	dns/dnf	86	Ali	Hysom	Unattached	Female Vet 35
	dns/dnf	87	Lorna	Burgin	Unattached	Female Vet 35
	dns/dnf	88	Christian	Gillibrand	Sudbury Joggers	Male Senior
	dns/dnf	89	Tim	Bailey	Unattached	Male Vet 45
	dns/dnf	92	Natasha	Belsom	Ipswich JAFFA	Female Senior
	dns/dnf	93	Debra	Hinkley	Unattached	Female Vet 40
	dns/dnf	94	Christine	Bloomfield	Norfolk Gazelles	Female Vet 50
	dns/dnf	95	Peter	Warren	City of Norwich AC	Male Vet 50
	dns/dnf	97	Veronica	Manly	Diss Athletic Club	Female Vet 55+
	dns/dnf	98	Catoyln	Bownes	Tiptree Road Runners	Female Vet 45
	dns/dnf	99	Barry	Dobson	Tiptree Road Runners	Male Vet 60
	dns/dnf	101	Marcus	Catlin	Ipswich JAFFA	Male Senior
	dns/dnf	104	Bryan	Harwood	Unattached	Male Vet 40
	dns/dnf	107	Sue	Hargadon	Ipswich Triathlon Club	Male Vet 50
	dns/dnf	108	Pete	McCarthy	Unattached	Male Vet 40
	dns/dnf	109	Martin	Loughnane	Unattached	Male Vet 40
	dns/dnf	112	Carl	Vella	Haverhill Running Club	Male Senior
	dns/dnf	113	Maxine	Bills	Unattached	Female Vet 35
	dns/dnf	115	Peter	Thomas	Colchester Harriers AC	Male Vet 65+

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	dns/dnf	119	Ian	Hare	Unattached	Male Senior
	dns/dnf	120	Shirley	Suckling	Hadleigh Hares A.C.	Female Vet 50
	dns/dnf	122	Peter	Greenwood	Canterbury Harriers	Male Vet 65+
	dns/dnf	128	Ray	Roberts	Felixstowe Road Runners	Male Vet 60
	dns/dnf	132	Christopher	Moulton	Sudbury Joggers	Male Senior
	dns/dnf	133	Jenny	Sheahan	Ipswich JAFFA	Female Vet 45
	dns/dnf	134	Peter	Frost	Unattached	Male Vet 40
	dns/dnf	138	Paul	Preston	Sudbury Joggers	Male Senior
	dns/dnf	141	Jane	Dolan	Stowmarket Striders	Female Vet 45
	dns/dnf	142	Rita	Williams	Ware Joggers	Female Vet 55+
	dns/dnf	144	Annie	Shaughnessy	Unattached	Female Vet 40
	dns/dnf	146	Free	Bees	Gt Bentley Running Club	Male Vet 65+
	dns/dnf	147	Sheila	Callaghan	Unattached	Female Vet 45
	dns/dnf	148	Sarah	Callaghan	Unattached	Female Senior
	dns/dnf	150	Eric	Shaw	Gt Bentley Running Club	Male Vet 60
	dns/dnf	152	Gavin	Allen	Halstead Road Runners	Male Senior
	dns/dnf	153	Karen	Baksh	Unattached	Female Senior
	dns/dnf	156	Michael	Poulter	Witham RC	Male Vet 55
	dns/dnf	158	Michael	Savill	Stowmarket Striders	Male Vet 45
	dns/dnf	167	Rob	Findlay	Crest Cycling Club	Male Vet 45
	dns/dnf	170	Susan	Rendall-Read	Lowestoft Road Runners	Female Vet 45
	dns/dnf	173	Hannah	Brown	Unattached	Female Senior
	dns/dnf	176	Laura	Shewbridge	Tiptree Road Runners	Female Senior
	dns/dnf	177	Simon	Cartmell	Unattached	Male Vet 50
	dns/dnf	179	Justine	Darlaston	Unattached	Female Vet 35
	dns/dnf	187	John	Lambert	Ipswich JAFFA	Male Vet 60
	dns/dnf	194	Declan	Leahy	Unattached	Male Vet 45
	dns/dnf	197	John	Penny	Unattached	Male Vet 50
	dns/dnf	200	Ian	Gascoigne	Unattached	Male Vet 50
	dns/dnf	201	Thomas	Lester	Ipswich JAFFA	Male Senior
	dns/dnf	211	Jenny	Standley	Sudbury Joggers	Female Vet 40
	dns/dnf	216	Gail	Barker	Springfield Striders AC	Female Vet 50
	dns/dnf	217	Richard	Barker	Springfield Striders AC	Male Vet 50
	dns/dnf	218	David	Spindley	Unattached	Male Senior
	dns/dnf	221	Paul	Theobald	St Edmund Pacers	Male Vet 50
	dns/dnf	224	Rosemary	Tyler	Stowmarket Striders	Female Vet 55+
	dns/dnf	225	Alison	Bills	The Saxons	Female Senior
	dns/dnf	226	Keith	Scrivener	Gt Bentley Running Club	Male Vet 65+
	dns/dnf	232	Steven	Marshall	Unattached	Male Vet 45
	dns/dnf	238	Anne	Gomer	Tiptree Road Runners	Female Vet 55+
	dns/dnf	241	Rebecca	Ford	Ipswich JAFFA	Female Senior
	dns/dnf	242	Carol	Cauteruccio	Unattached	Female Vet 45