

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:55:48	284	Brad	Jones	Ipswich JAFFA	Male Senior
2	00:56:45	80	Gavin	Davies	Ipswich JAFFA	Male Senior
3	00:56:54	236	Stephen	Whiting	Highgate Harrers	Male Master 45
4	00:59:27	250	Wilfred	Campbell	Ipswich JAFFA	Male Master 45
5	00:59:41	180	John	Scaife	Hadleigh Hares A.C.	Male Senior
6	00:59:43	157	John	Manlow	Ely Runners	Male Master 40
7	00:59:48	212	Mark	Clements	Ipswich JAFFA	Male Senior
8	01:00:15	189	Matt	Hunt	Ipswich JAFFA	Male Senior
9	01:00:31	188	Adam	Wade	Ipswich JAFFA	Male Senior
10	01:00:33	65	Jim	Last	Framlingham Flyers	Male Senior
11	01:00:47	75	Jonathan	Ling	Ipswich JAFFA	Male Senior
12	01:01:08	53	Sara	Bird	Woodford Green with Essex L.	Female Senior
13	01:01:41	96	Lee	Morgan	Ipswich Triathlon Club	Male Master 40
14	01:02:11	91	Christopher	Warren	Gt Bentley Running Club	Male Master 40
15	01:02:19	231	Tom	Ames	Stowmarket Striders	Male Senior
16	01:02:44	52	Martin	Barnes-Smith	St Edmund Pacers	Male Master 45
17	01:02:48	50	Clive	Thomas	Gt Bentley Running Club	Male Master 50
18	01:02:58	44	Paul	Game	Haverhill Running Club	Male Senior
19	01:03:07	199	Warren	Birch	Ipswich JAFFA	Male Master 45
20	01:03:21	267	David	Wright	Gt Bentley Running Club	Male Senior
21	01:03:38	1	Martin	Speller	Haverhill Running Club	Male Senior
22	01:03:43	127	Mark	Rutter	Harwich Runners	Male Master 50
23	01:04:25	240	Chris	Pitts	Unattached	Male Senior
24	01:04:39	104	Ian	Coxall	Ipswich JAFFA	Male Senior
25	01:04:43	255	Paul	Nickells	Woodbridge Shufflers	Male Master 45
26	01:04:47	132	Andrew	Buck	Sudbury Joggers AC	Male Master 45
27	01:05:02	123	Nigel	Rogers	Unattached	Male Master 40
28	01:05:24	237	Joseph	Lone	Highgate Harrers	Male Master 40
29	01:05:32	86	Dave	Solomon	Felixstowe Road Runners	Male Master 45
30	01:05:38	4	Marcus	Catlin	Ipswich JAFFA	Male Senior
31	01:05:48	62	Barry	Clarke	Unattached	Male Senior
32	01:05:57	99	Liz	Wynn	Serpentine Running Club	Female Master 35
33	01:06:06	208	Darren	Sheppard	Framlingham Flyers	Male Master 40
34	01:06:14	190	John	Thorpe	Ipswich JAFFA	Male Master 40
35	01:06:18	281	Carl	Heron	Queenbury Running Club	Male Master 50
36	01:07:07	100	Jonathan	Davy	Felixstowe Road Runners	Male Master 55
37	01:07:30	282	Ian	Bradford	St Edmund Pacers	Male Senior
38	01:07:50	20	Carl	Thompson	Ipswich JAFFA	Male Senior
39	01:07:56	263	Charles	Hill	Woodbridge Shufflers	Male Master 45
40	01:08:21	130	Paul	Brown	Framlingham Flyers	Male Master 45
41	01:08:26	292	Simon	Ashmore	Unattached	Male Master 40
42	01:08:37	23	James	Reed	Ipswich JAFFA	Male Senior
43	01:08:46	273	Nickey	Brinkman	British Triathlon Assoc	Female Master 35
44	01:08:56	258	Nick	Hammond	Stowmarket Striders	Male Master 40
45	01:08:57	270	Richard	Hill	Unattached	Male Master 40
46	01:09:13	214	Scott	Williams	Stowmarket Striders	Male Senior
47	01:09:38	54	Daniel	Jones	Ipswich Harriers	Male Senior
48	01:09:54	243	Mark	Watts	St Edmund Pacers	Male Master 45
49	01:09:56	151	Ker	Macrosson	Ipswich JAFFA	Male Master 55
50	01:09:58	78	Elliot	Mussish	Unattached	Male Master 45
51	01:10:07	309	Emily	Zethraevs	Gt Bentley Running Club	Female Senior
52	01:10:09	69	Peter	Frost	Unattached	Male Master 45
53	01:10:14	277	Matt	Mann	Unattached	Male Senior

54	01:10:26	234	Ron	McCullough	Ipswich JAFFA	Male Master 65+
55	01:10:26	108	Colin	Clarke	KUGB	Male Master 40
56	01:10:33	38	Graham	Moore	Unattached	Male Master 50
57	01:10:37	253	Douglas	Hobson	Woodbridge Shufflers	Male Senior
58	01:10:41	265	Russel	Breyer	Ipswich Triathlon Club	Male Master 50
59	01:10:48	144	Kenneth	Tovell	Framlingham Flyers	Male Master 40
60	01:11:03	176	Andre	Besant	Harwich Runners	Male Master 40
61	01:11:07	248	Barney	Purbrook	Newmarket Joggers	Male Senior
62	01:11:08	34	Jim	Comber	Sudbury Joggers AC	Male Master 40
63	01:11:17	300	Ian	Cannons	Harwich Runners	Male Master 40
64	01:11:17	57	Chris	Chorley	Bungay Black Dog	Male Master 45
65	01:11:19	249	Ruth	Astle	Newmarket Joggers	Female Senior
66	01:11:22	307	Dan	Wood	Ipswich JAFFA	Male Senior
67	01:11:22	111	Timothy	Earl	Waveney Valley AC	Male Senior
68	01:11:50	298	Neville	Clarke	Newmarket Joggers	Male Master 55
69	01:12:09	24	John	Adams	Ipswich JAFFA	Male Senior
70	01:12:15	178	John	Booth	Gt Bentley Running Club	Male Master 40
71	01:12:25	21	Peter	Smith	Unattached	Male Senior
72	01:12:28	28	Robin	Harper	Felixstowe Road Runners	Male Senior
73	01:12:29	196	Mark	Goodwin	Felixstowe Road Runners	Male Master 40
74	01:12:30	158	Val	Jennings	Ipswich JAFFA	Female Master 45
75	01:12:32	128	Benjamin	Febvre	Unattached	Male Senior
76	01:12:34	202	Nigel	Harrison	Ipswich JAFFA	Male Master 40
77	01:12:36	260	Stephen	Atkins	Unattached	Male Master 45
78	01:12:38	7	Ian	Elden	Haverhill Running Club	Male Senior
79	01:12:47	5	Alan	Jackson	Ipswich JAFFA	Male Master 50
80	01:12:50	133	Kate	Beach	Felixstowe Road Runners	Female Senior
81	01:12:50	220	Claudine	Tisbury	Harwich Runners	Female Master 50
82	01:12:58	156	Kingaby	Bill	Waveney Valley AC	Male Master 60
83	01:13:10	125	AQidan	Dunn	Unattached	Male Senior
84	01:13:23	89	Paul	Horne	Vegetarian Cycling & AC	Male Master 50
85	01:12:36	223	Stephen	Hatten	St Edmund Pacers	Male Master 45
86	01:13:44	119	Jonathan	Price	Sudbury Joggers AC	Male Master 60
87	01:13:54	262	Nik	Chapman	Newmarket Joggers	Male Senior
88	01:14:09	203	Elanor	Hall	Unattached	Female Senior
89	01:14:59	59	Clive	Purbrook	Newmarket Joggers	Male Master 55
90	01:15:16	168	Lee	French	Unattached	Male Senior
91	01:15:18	305	Tony	Ragosta	Unattached	Male Master 40
92	01:15:49	103	Alan	Sansom	Unattached	Male Master 45
93	01:16:03	164	Stuart	Hunt	Hadleigh Hares A.C.	Male Senior
94	01:16:14	221	Haley	Suttle	Stowmarket Striders	Female Master 45
95	01:16:22	155	Robert	Webb	Unattached	Male Senior
96	01:16:27	294	Steve	Foster	Unattached	Male Master 50
97	01:16:28	222	Penny	Waggott	Stowmarket Striders	Female Master 45
98	01:16:29	159	Steve	Robinson	Stowmarket Striders	Male Master 55
99	01:16:31	251	Nick	Bray	Unattached	Male Master 50
100	01:16:47	58	Chris	Johns	Ipswich JAFFA	Male Master 55
101	01:16:54	154	Eamon	McCusker	Ryston Runners	Male Master 55
102	01:17:11	283	Neil	Packer	Hadleigh Hares A.C.	Male Master 45
103	01:17:36	19	Theresa	Bisop	Gt Bentley Running Club	Female Master 45
104	01:17:38	18	Des	Bishop	Gt Bentley Running Club	Male Master 50
105	01:17:38	261	Annie	Drugan	Unattached	Female Master 40
106	01:17:41	105	Neil	Gillingham	Ipswich Harriers	Male Senior
107	01:17:43	14	Glenn	Warren	Framlingham Flyers	Male Master 40

108	01:17:46	121	John	Ford	Unattached	Male Master 55
109	01:17:47	94	Paul	Gilson	Ipswich JAFFA	Male Master 50
110	01:17:51	165	Steve	Hunt	Hadleigh Hares A.C.	Male Senior
111	01:17:54	216	Carl	Collins	Unattached	Male Senior
112	01:17:54	215	Marcus	Leeder	Unattached	Male Senior
113	01:17:55	126	Paul	Heeks	Stowmarket Striders	Male Master 45
114	01:17:56	192	Danny	Rose	Unattached	Male Master 45
115	01:17:58	138	Nicholas	Casey	Unattached	Male Senior
116	01:18:03	227	Ron	Ames	Stowmarket Striders	Male Master 60
117	01:18:17	152	Elsbeth	Knott	Harwich Runners	Female Master 55+
118	01:18:18	64	Rob	Clayton	Felixstowe Road Runners	Male Master 55
119	01:18:21	257	Adrian	Hine	Felixstowe Road Runners	Male Master 45
120	01:18:24	217	George	Pryor	Hadleigh Hares A.C.	Male Senior
121	01:18:24	40	Sarah	Vick	The Saxons	Female Master 40
122	01:18:27	295	Henry	Rowe	Saffron Striders	Male Master 55
123	01:18:30	179	Mike	Munson	Stowmarket Striders	Male Master 60
124	01:18:33	107	Mary	Narey	Stowmarket Striders	Female Master 45
125	01:18:40	147	Philip	Grose	St Edmund Pacers	Male Master 45
126	01:18:41	113	John	George	Joggers & Jaunters	Male Master 55
127	01:18:41	10	Alex	Kuczer	Unattached	Male Master 45
128	01:18:45	37	David	Sheahan	Unattached	Male Master 50
129	01:19:15	264	Gabriel	Martins	Ipswich JAFFA	Male Master 40
130	01:19:23	17	Clare	Adams	Colchester Harriers AC	Female Master 40
131	01:19:32	198	Jeff	Higgon	Harwich Runners	Male Master 60
132	01:19:52	79	Stewart	Berg	Unattached	Male Master 55
133	01:20:01	90	Philip	Housden	Bigleswade Athletic Club	Male Master 60
134	01:20:31	286	Gi	Kwong	Ipswich JAFFA	Male Master 40
135	01:20:53	22	Stephen	Pretty	Stowmarket Striders	Male Master 55
136	01:20:55	153	Matthew	Eveleigh	Stowmarket Striders	Male Senior
137	01:21:27	56	Bobby	Sauerzapf	Bungay Black Dog	Female Master 50
138	01:21:54	48	Roger	Hobson	Woodbridge Shufflers	Male Master 65+
139	01:21:58	218	Alan	Ramsey	Unattached	Male Master 50
140	01:21:59	287	Claire	Barstow	Framlingham Flyers	Female Senior
141	01:22:02	85	Anthony	Smith	Unattached	Male Master 45
142	01:22:04	122	Janine	Simpson	Gt Bentley Running Club	Female Master 40
143	01:22:10	191	Catherine	Drew	Unattached	Female Master 45
144	01:22:12	36	Jenny	Sheahan	Unattached	Female Master 50
145	01:22:14	184	Ross	Silverton	Unattached	Male Master 60
146	01:22:23	244	Mark	whitehead	Ipswich JAFFA	Male Master 45
147	01:22:26	299	Stuart	Best	Unattached	Male Senior
148	01:22:34	194	Alexander	Deal	Unattached	Male Senior
149	01:22:38	143	Veronica	Manly	Eastern Veterans AC	Female Master 55+
150	01:23:07	93	Josephine	Clarke	Ipswich Triathlon Club	Female Master 50
151	01:23:13	242	Colin	Moule	Unattached	Male Master 50
152	01:23:14	11	Paul	Weeks	Unattached	Male Senior
153	01:23:27	118	William	Barnes	Unattached	Male Master 55
154	01:23:27	252	Matthew	Pearce	Unattached	Male Senior
155	01:23:32	101	Gary	Spink	Unattached	Male Master 40
156	01:23:53	83	Carol	Fowles	Stowmarket Striders	Female Master 50
157	01:23:58	76	Peter	Gray	Unattached	Male Senior
158	01:24:02	232	Mark	Avery	Ipswich JAFFA	Male Master 45
159	01:24:05	219	Richard	Soer	Serpentine Running Club	Male Master 55
160	01:24:14	200	John	Penny	Unattached	Male Master 55
161	01:24:16	271	Steven	Norman	Unattached	Male Senior

162	01:24:20	3	Karen	Skene	Gt Bentley Running Club	Female Master 45
163	01:24:20	12	Eric	Shaw	Gt Bentley Running Club	Male Master 50
164	01:24:25	139	Sati	Sembhi	Unattached	Female Master 45
165	01:24:31	137	Gemma	Dew	Unattached	Female Senior
166	01:24:49	182	Kevin	Greenwood	Unattached	Male Master 55
167	01:24:51	115	Geoff	Owen	Unattached	Male Master 45
168	01:25:00	160	Mark	Robinson	Langport Runners	Male Master 55
169	01:25:07	274	Ian	Mace	Woodbridge Shufflers	Male Master 55
170	01:25:09	246	John	Rednall	Stowmarket Striders	Male Master 45
171	01:25:12	177	Jo	Stephenson	Stowmarket Striders	Female Master 45
172	01:25:19	60	Belinda	Schofield	Newmarket Joggers	Female Master 55+
173	01:25:28	134	Neil	Creak	Unattached	Male Senior
174	01:25:45	110	Mark	Carpenter	Haverhill Running Club	Male Master 45
175	01:25:52	272	Bee	Chapman	Newmarket Joggers	Female Master 45
176	01:25:54	171	Barry	Hempstead	Eastern Veterans AC	Male Master 65+
177	01:25:59	303	Donna	Crake	Unattached	Female Senior
178	01:26:15	269	Verity	MacMahon	Newmarket Joggers	Female Senior
179	01:26:17	285	Paul	Groom	Unattached	Male Senior
180	01:26:21	213	David	Punt	Bungay Black Dog	Male Master 55
181	01:26:39	288	Catherine	Abbott	Stowmarket Striders	Female Master 40
182	01:26:40	124	Rachel	Bodsworth	Hadleigh Hares A.C.	Female Senior
183	01:26:43	235	Karen	Jefferys	Unattached	Female Master 35
184	01:26:51	175	Holly	Bradford	Unattached	Female Senior
185	01:26:51	95	Shona	Bendix	Bungay Black Dog	Female Master 45
186	01:26:53	228	Jessica	ASmes	Unattached	Female Senior
187	01:26:57	304	Katrina	Rigby	Hadleigh Hares A.C.	Female Senior
188	01:27:08	172	Keith	Fisher	Unattached	Male Master 50
189	01:27:21	201	Stephen	Harvey	Unattached	Male Master 45
190	01:27:26	278	David	Dixon	Unattached	Male Master 60
191	01:27:34	205	Richard	Freezer	Ipswich JAFFA	Male Master 40
192	01:27:50	206	Joanne	Freezer	Unattached	Female Master 40
193	01:28:12	117	Mark	Huntewr	Unattached	Male Senior
194	01:28:14	210	Karen	Gedge	Bungay Black Dog	Female Master 45
195	01:28:14	211	John	Wharton	Bungay Black Dog	Male Master 55
196	01:28:19	224	David	Guy	Unattached	Male Master 50
197	01:28:39	297	John	Millington	Unattached	Male Senior
198	01:28:39	296	Tom	Bloomfield	Peake Fittnes	Male Senior
199	01:28:45	276	Ben	Dixon	Unattached	Male Senior
200	01:28:50	275	Rebecca	Dixon	Unattached	Female Master 35
201	01:29:06	268	Keith	Borrett	Stowmarket Striders	Male Master 55
202	01:29:18	301	Stephen	Smith	Unattached	Male Master 45
203	01:29:19	74	Charlie	Stannett	Ipswich Triathlon Club	Male Master 55
204	01:29:20	88	Ian	Bucknell	Unattached	Male Master 45
205	01:29:29	30	Jen	Devaney	Stowmarket Striders	Female Senior
206	01:29:51	140	Rob	Butler	Unattached	Male Master 45
207	01:29:55	92	Tina	Belsom	Stowmarket Striders	Female Master 45
208	01:29:56	149	Susan	Baker	Unattached	Female Master 45
209	01:29:56	150	Andrew	Baker	Unattached	Male Master 50
210	01:30:01	136	Angela	Whiting	Stowmarket Striders	Female Master 50
211	01:30:03	106	Mon	Lee	Ipswich JAFFA	Male Master 55
212	01:30:11	225	Michelle	Sisson	Unattached	Female Master 45
213	01:30:26	72	Alison	Myles	Ipswich JAFFA	Female Master 40
214	01:30:44	259	Les	Basham	Stowmarket Striders	Male Master 60
215	01:30:53	291	John	Lambert	Ipswich JAFFA	Male Master 65+

216	01:31:32	229 Susan	Bloomfield	Stowmarket Striders	Female Master 45
217	01:32:19	129 David	Dixon	Unattached	Male Master 60
218	01:32:26	310 Rosaland	Maulkerson	Unattached	Female Master 45
219	01:32:27	289 David	Howe	Unattached	Male Senior
220	01:33:13	209 Carolynn	Anderson	Newmarket Joggers	Female Master 35
221	01:33:49	63 Liz	McGoldrick	Unattached	Female Master 55+
222	01:33:51	25 Maureen	Wright	Ipswich JAFFA	Female Master 55+
223	01:33:59	186 Sandra	Mayhew	Stowmarket Striders	Female Master 45
224	01:34:05	238 Kevin	Lewis	Unattached	Male Master 45
225	01:34:03	239 David	Garrad	Unattached	Male Senior
226	01:34:31	280 Matthew	Drury	Unattached	Male Senior
227	01:34:37	141 Steven	Reynolds	Unattached	Male Master 50
228	01:35:04	293 Martina	Byrne	Unattached	Female Master 45
229	01:35:13	226 Julie	Harrison	Unattached	Female Master 40
230	01:35:43	266 Debbie	Ghant	Stowmarket Striders	Female Master 45
231	01:35:46	185 Hannah	Lord-Vince	Unattached	Female Senior
232	01:36:27	279 Ben	Boyay	Unattached	Male Senior
233	01:36:46	247 Deborah	Lepey	Unattached	Female Master 40
234	01:37:13	181 Jackie	Greenwood	Unattached	Female Master 50
235	01:37:18	230 Robet	Barbiaux	Unattached	Male Master 55
236	01:37:35	197 Jo	Higgon	Harwich Runners	Female Master 50
237	01:38:12	45 Philip	Rutter	Benfleet Running Club	Male Master 45
238	01:38:20	195 Stephen	Winser	Unattached	Male Master 40
239	01:38:24	47 Nicola	Wright	Unattached	Female Master 35
240	01:38:24	13 Tracey	McLean	Unattached	Female Master 40
241	01:38:26	290 Ruth	Belsom	Unattached	Female Master 50
242	01:40:05	241 Anna	Anderson	Harwich Runners	Female Master 40
243	01:40:21	148 Samantha	Grose	St Edmund Pacers	Female Master 45
244	01:40:21	112 Sue	George	Unattached	Female Master 50
245	01:40:44	162 Lorna	Burgin	Unattached	Female Master 40
246	01:40:44	163 Ali	Hysom	Unattached	Female Master 40
247	01:41:19	87 Tina	Spencer	Unattached	Female Master 40
248	01:41:31	42 Liz	Smith	Fetch Everyone RC	Female Master 45
249	01:42:46	31 Nicola	Ashworth	Unattached	Female Master 40
250	01:43:22	169 Karen	Moss	Unattached	Female Master 40
251	01:43:26	170 Patrica	Way	Unattached	Female Master 40
252	01:44:29	233 Mark	Oxford	Unattached	Male Senior
253	01:45:11	142 Christine	Hall	Stowmarket Striders	Female Master 55+
254	01:45:22	306 Marrantne	Bunwell	Ipswich JAFFA	Female Master 55+
255	01:47:36	174 Kevin	Hamilton	Unattached	Male Master 55
256	01:48:38	41 Peter	Rawlings	Unattached	Male Master 65+
257	01:48:59	183 David	Daniels	Unattached	Male Master 45
258	01:48:00	102 Vanessa	Mitchell	Unattached	Female Master 40
259	01:50:27	46 Jeanne	Lynch-Aird	Stowmarket Striders	Female Master 55+
260	01:53:08	39 Kim	Gravell	Unattached	Female Master 45
261	01:58:05	254 Paul	Warren	Unattached	Male Master 60
262	02:13:45	81 Brian	Turner	Ipswich JAFFA	Male Master 65+
	dns/dnf	2 Abby	Powlett	Ipswich JAFFA	Female Master 35
	dns/dnf	6 Karen	Howlett	Unattached	Female Master 40
	dns/dnf	8 Julie	Nicholls	Unattached	Female Master 45
	dns/dnf	9 Louise	hawkins	Unattached	Female Master 40
	dns/dnf	15 Robert	Smith	Unattached	Male Senior
	dns/dnf	16 Chris	Poultney	Longstanton Limpers	Male Senior
	dns/dnf	26 Eva	Goes	Harwich Runners	Female Master 50

dns/dnf	27	Colin	Lock	Harwich Runners	Male Master 50
dns/dnf	29	Kate	Allen	Halstead Road Runners	Female Master 40
dns/dnf	32	Charlotte	Charnick	Unattached	Female Master 40
dns/dnf	33	Matthew	Dallywater	Unattached	Male Senior
dns/dnf	35	Fiona	Hunt	Ipswich JAFFA	Female Master 40
dns/dnf	43	Paul	Winter	Unattached	Male Master 60
dns/dnf	49	Jill	Anderson	Framlingham Flyers	Female Master 55+
dns/dnf	51	Tara	Corbett	Unattached	Female Master 40
dns/dnf	55	Emma	Mortimer	Ipswich JAFFA	Female Senior
dns/dnf	61	Tom	Fairbrother	Ipswich JAFFA	Male Senior
dns/dnf	66	Peter	Jay	St Edmund Pacers	Male Master 50
dns/dnf	67	Stuart	Beeston	Victoria Park & Tower Hamlets AC	Male Master 45
dns/dnf	68	Gareth	Williams	Essex Road Runners	Male Master 50
dns/dnf	70	Joanne	Dewer	Unattached	Female Master 35
dns/dnf	71	Richard	Dewer	Unattached	Male Master 40
dns/dnf	73	David	Reed	St Edmund Pacers	Male Master 50
dns/dnf	77	Simon	Goldsmith	Unattached	Male Senior
dns/dnf	82	POhil	Tooke	Unattached	Male Senior
dns/dnf	84	Megan	Thompson	Stowmarket Striders	Female Senior
dns/dnf	97	Dan	Dobson	Unattached	Male Senior
dns/dnf	98	Joe	Thompson	Serpentine Running Club	Male Senior
dns/dnf	109	Chris	Bolton	Haverhill Running Club	Male Master 40
dns/dnf	114	Anna	Eaton	Unattached	Female Master 40
dns/dnf	116	Mark	Bissell	Unattached	Male Senior
dns/dnf	120	Mark	Travers	Tring RC	Male Master 45
dns/dnf	131	Stephen	Parker	Unattached	Male Master 45
dns/dnf	135	Katy	Nash	Stowmarket Striders	Female Master 40
dns/dnf	145	Daniel	Westow	Unattached	Male Senior
dns/dnf	146	Crea	Kitcher	Unattached	Female Master 35
dns/dnf	161	Bill	Collings	Unattached	Male Master 60
dns/dnf	166	Rob	Harrow	Sudbury Joggers AC	Male Senior
dns/dnf	167	Louise	Wilkins	Unattached	Female Senior
dns/dnf	173	David	Maslen	Tri Anglia	Male Master 45
dns/dnf	187	Mark	Furnace	Ipswich JAFFA	Male Master 40
dns/dnf	193	Paul	Miller	Unattached	Male Master 45
dns/dnf	204	Andrew	Budd	Ipswich JAFFA	Male Master 50
dns/dnf	207	Alex	Morrison	Ipswich JAFFA	Male Master 50
dns/dnf	245	Daniel	Chittock	Unattached	Male Senior