

Hadleigh 10 2018

Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>PosC</i>	<i>Actual time</i>	<i>Club</i>
1	50	Benjamin Carpendale	MO	1	0:55:03.5	Felixstowe RRC
2	230	Scott Ramsey	MO	2	0:56:50.68	Hadleigh Hares
3	108	Tony Gavin	MO	3	0:57:09.26	Felixstowe RRC
4	169	Jim Last	M40	1	0:57:49.25	Framlingham Flyers
5	293	Adam Wade	MO	5	0:57:53.77	Ipswich Jaffa RC
6	88	Andy Ellis	MO	6	1:00:03.29	Felixstowe RRC
7	127	Patrick Hannah	MO	7	1:00:57.49	
8	49	Wilfred Campbell	M50	1	1:01:51.87	Ipswich Jaffa RC
9	239	Chris Rookyard	MO	9	1:02:01.97	
10	306	Geraint White	MO	10	1:02:28.24	Ipswich Jaffa RC
11	266	Dave Solomon	M50	2	1:02:38.8	Felixstowe RRC
12	198	Chris Mower	M40	2	1:03:57.65	Saint Edmund Pacers
13	36	Steve Brooke	M50	3	1:04:08.04	Felixstowe RRC
14	43	Piotr Bulacz	M45	1	1:04:26.92	Sudbury Joggers
15	75	Simon Day	M40	3	1:05:47.65	Harwich Runners
16	285	Aubrey Todd	M40	4	1:06:02.22	Boxted Runners
17	310	Mark White	M45	2	1:06:09.55	Haverhill Running Club
18	5	Lee Allen	M40	5	1:06:28.01	Harwich Runners
19	261	Richard Smith	M40	6	1:06:32.63	Sudbury Joggers
20	233	Alastair Read	M40	7	1:06:48.55	Felixstowe RRC
21	216	Steve Paul	M55	1	1:07:14.34	Eastern Masters AC
22	296	Jerry Walder	M45	3	1:07:17.71	Colchester Harriers AC
23	313	Ross Wilcox	M40	8	1:07:22.62	Stowmarket Striders RC
24	324	Ian Elden	M40	9	1:07:47.46	Ipswich Jaffa RC
25	96	Jonathan Finch	M45	4	1:07:59.1	Tiptree Road Runners
26	220	Stephen Pettit	M50	4	1:08:00.61	Fetch Everyone
27	130	Robin Harper	M40	10	1:08:03.35	Felixstowe RRC
28	21	Andre Besant	M45	5	1:08:03.66	
29	182	David Marsh	M40	11	1:08:06.02	
30	164	Gregor Kennedy	M50	5	1:08:06.86	
31	241	Jill Rush	F45	1	1:08:10	
32	253	Chris Seymour	M45	6	1:08:28.15	Stowmarket Striders RC
33	223	Justin Potter	MO	33	1:08:37.8	Stowmarket Striders RC
34	60	Daniel Clark	M40	12	1:08:44.32	Felixstowe RRC
35	6	Stephen Ames	M45	7	1:08:47.5	
36	125	Charles Hann	M50	6	1:08:50.95	Sudbury Joggers
37	10	Emma Attwood	FO	37	1:08:59.59	Stowmarket Striders RC
38	141	Paul Hollidge	M45	8	1:09:00.48	Great Bentley Running Club
39	272	Simon Stafford	M45	9	1:09:22.11	
40	90	James Ellul	M40	13	1:09:39.03	Felixstowe RRC
41	159	Alan Jackson	M55	2	1:09:59.95	Ipswich Jaffa RC
42	13	Samantha Banks	F40	1	1:10:15.56	Ipswich Jaffa RC
43	281	Sandy Thorogood	F50	1	1:10:51.6	Sudbury Joggers
44	294	Jake Waggott	MO	44	1:11:08.93	Ipswich Jaffa RC
45	40	Paul Brown	M50	7	1:11:27.82	Framlingham Flyers
46	217	Ricky Peacher	M40	14	1:11:56.69	Framlingham Flyers
47	42	Andrew Budd	M55	3	1:11:59.89	Capel Cheetahs
48	116	Collette Green	FO	48	1:12:35.33	Felixstowe RRC
49	113	Karl Graves	M45	10	1:12:38.04	Boxted Runners
50	212	Steve Palfrey	M45	11	1:12:44.87	
51	46	Ben Burrows	M40	15	1:12:47.28	Woodbridge Shufflers RC
52	118	Gary Groves	M50	8	1:12:50.88	
53	181	Michael Marriott	M60	1	1:13:08.97	
54	309	James White	MO	54	1:13:11.06	
55	64	Chris Connolly	MO	55	1:13:17.95	Ipswich Jaffa RC
56	162	Martin Jarvis	M40	16	1:13:29.25	

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57	195	Vaughan Morris	M55	4	1:13:44.81	Stowmarket Striders RC
58	175	Esther Lury	F40	2	1:13:58.09	Ipswich Jaffa RC
59	123	Rachael Hamblyn	F40	3	1:13:58.19	Ipswich Jaffa RC
60	7	Sean Andrews	M45	12	1:14:08.65	
61	248	Nigel Schofield	M50	9	1:14:34.39	Saint Edmund Pacers
62	300	Robert Webb	M45	13	1:14:44.65	
63	252	Kevin Scutcher	MO	63	1:14:51.49	
64	81	Vanessa Dolling	F40	4	1:15:08.27	Boxted Runners
65	151	Mark Hughes	M50	10	1:15:09.73	Stowmarket Striders RC
66	3	Tom Alexander	M40	17	1:15:21.78	Woodbridge Shufflers RC
67	173	Kevin Linsell	M45	14	1:15:22.76	
68	73	Mark Davey	M50	11	1:15:22.83	
69	288	Mary-ann Tuli	F45	2	1:15:40.35	Haverhill Running Club
70	314	Glyn Williams	MO	70	1:15:42.27	Hadleigh Hares
71	106	Samantha Fulcher	F50	2	1:15:43.36	
72	200	Mary Narey	F50	3	1:15:46.49	Stowmarket Striders RC
73	231	Tobias Rankin	MO	73	1:15:55.96	
74	316	Andy Wing	M50	12	1:16:03.46	
75	11	Mark Avery	M50	13	1:16:10.54	Ipswich Jaffa RC
76	276	Rob Stevens	M50	14	1:16:21.51	
77	280	Andrew Thompson	M55	5	1:16:31.01	Ely Runners
78	297	Peter Warland	M50	15	1:16:51.17	Stowmarket Striders RC
79	307	Hugh White	M50	16	1:16:53.74	
80	97	Sarah Fitch	F45	3	1:17:25.33	Felixstowe RRC
81	186	Eamonn Mccusker	M65	1	1:17:31.8	Ryston Runners
82	270	Terry Spurgeon	M50	17	1:17:41.47	
83	237	Andrew Robertson	M40	18	1:17:42.02	
84	160	Benjamin Jacobs	M40	19	1:18:04.65	Felixstowe RRC
85	227	Stephen Pretty	M60	2	1:18:11.33	
86	259	Mark Skinner	M45	15	1:18:23.52	
87	194	Robert Morgan	M55	6	1:18:35.02	St Edmund Pacers
88	320	Thomas Wright	M40	20	1:18:39.12	
89	76	Becky Day	FO	89	1:18:43.52	Boxted Runners
90	142	Derek Hood	M40	21	1:18:50.86	Ipswich Jaffa RC
91	322	Dave Young	M45	16	1:18:58.58	
92	124	Andrew Hammond	M60	3	1:18:58.89	Norfolk Gazelles AC
93	222	Amy Plumbly	FO	93	1:19:03.03	Hadleigh Hares AC
94	304	Mark Weston	M45	17	1:19:03.04	
95	8	Mark Andrews	M50	18	1:19:03.39	
96	275	Jo Stephenson	F50	4	1:19:17.71	Stowmarket Striders RC
97	247	Phil Sanderson	M55	7	1:19:44.84	
98	279	Peter Thompson	M60	4	1:19:54.71	Norfolk Gazelles AC
99	84	Kimberley Dye	FO	99	1:20:08.44	
100	45	Sandra Bumphrey	F45	4	1:20:15.38	Capel Cheetahs
101	318	Peter Woods	MO	101	1:20:28.91	Felixstowe RRC
102	144	Paul Horne	M55	8	1:20:38.79	Vegetarian Cycling & AC
103	126	Jackie Hann	F50	5	1:20:41.26	Sudbury Joggers
104	191	Andy Miley	MO	104	1:20:50.25	Ipswich Jaffa RC
105	323	Peter Johnson	M60	5	1:20:51.56	Saint Edmund Pacers
106	178	Jemma Maddams	FO	106	1:20:57.18	
107	228	Clive Purbrook	M60	6	1:21:05.19	Newmarket Joggers
108	157	Philip Hymers	M65	2	1:21:05.69	Saint Edmund Pacers
109	197	Paul Morris	MO	109	1:21:43.32	
110	135	Jeremy Hennell James	M55	9	1:21:46.05	
111	193	James Montgomery	M50	19	1:21:46.4	Witham RC
112	213	Tim Parnell	M50	20	1:21:52.31	Felixstowe Road Runners
113	39	Caroline Brown	F40	5	1:22:11.33	Ely Runners
114	28	Keith Borrett	M65	3	1:22:21.71	
115	53	James Carter	MO	115	1:22:28.92	Great Bentley Running Club
116	51	Mik Carr	M60	7	1:22:30.01	Bungay Black Dog RC

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117	103	Robert Irvine Marr	M45	18	1:22:39.48	
118	4	Mark Allen	M60	8	1:22:42.3	Woodbridge Shufflers RC
119	62	Jo Clements	FO	119	1:23:00.1	
120	98	Kevin Fitchett	M55	10	1:23:21.69	
121	20	Graham Bernthal	M65	4	1:23:27.27	
122	23	Agnieszka Bobrowska	FO	122	1:23:33.88	
123	242	Jimmy Russell	M50	21	1:23:39.04	Felixstowe RRC
124	244	Adrian Sadler	M45	19	1:23:48.76	
125	203	Steve Oglesby	M40	22	1:23:58.84	Haverhill Running Club
126	1	Ruth Acworth	F55	1	1:24:01.58	
127	249	Paul Schwer	M55	11	1:24:02.44	Felixstowe RRC
128	48	Graham Bush	M65	5	1:24:07.41	Woodbridge Shufflers RC
129	146	Kate Howard	F40	6	1:24:13.22	
130	321	Helen Yellop	F50	6	1:24:17.68	Capel Cheetahs
131	137	Jeff Higgon	M65	6	1:24:29.51	Harwich Runners
132	251	Ewan Scopes	U18M	1	1:24:33.21	
133	250	Ian Scopes	M40	23	1:24:34.27	
134	105	Peter Fraser-hopewell	M60	9	1:24:36.43	Harwich Runners
135	52	Richard Carron	M50	22	1:24:36.8	
136	263	Chris Smith	M50	23	1:24:38.93	Suffolk Trail Runners
137	148	Chris Howland	M55	12	1:24:46.13	Felixstowe RRC
138	207	Preston Osborn	M50	24	1:24:53.57	
139	291	Steven Utteridge	M40	24	1:25:18.22	
140	82	Ben Boxall	M40	25	1:25:23.44	Sudbury Joggers
141	192	Denis Mole	M65	7	1:25:29.21	Havering '90 Joggers
142	58	David Church	M45	20	1:25:30.75	Felixstowe RRC
143	77	Brett Deakin	M40	26	1:25:31.59	Felixstowe RRC
144	208	Nikki Osborne	F45	5	1:25:36.69	
145	205	Stephen Oliver	M45	21	1:25:45.39	
146	167	Anna Kocinska	FO	146	1:25:48.17	
147	225	Kim Pretty	M60	10	1:25:50.17	
148	183	Dawn Marshall	F55	2	1:25:51.81	Saint Edmund Pacers
149	286	Lucy Tomlinson	FO	149	1:26:13.89	
150	95	Peter Finch	M55	13	1:26:21.55	Ipswich Jaffa RC
151	100	Mark Flatman	M45	22	1:26:47.23	
152	284	Chris Thrower	MO	152	1:26:56.2	
153	25	Ian Bolton	M50	25	1:26:59.78	
154	114	Simon Green	M60	11	1:27:38.07	Ipswich Triathlon Club
155	152	Wendy Hughes	F55	3	1:28:02.8	Stowmarket Striders RC
156	94	Richard Fellingham	M65	8	1:28:15.56	Stowmarket Striders RC
157	298	Sharon Warland	F50	7	1:28:19.81	Stowmarket Striders RC
158	267	Rachel Southgate	FO	158	1:28:24.56	
159	26	Lin Bolton	F50	8	1:28:27.32	
160	115	Caroline Green	FO	160	1:28:46.91	
161	168	Alex Kuczer	M50	26	1:28:51.26	
162	80	Barry Dixon	M40	27	1:29:15.58	
163	110	Miss Freya Gillott	FO	163	1:29:18.22	
164	172	Marcus Leeder	MO	164	1:29:22.85	
165	166	Beth King	F40	7	1:29:29.64	Norfolk Gazelles AC
166	243	Stephen Sadd	M55	14	1:29:29.81	
167	54	Gianna Cesarano	F50	9	1:29:48.7	
168	196	Heidi Morris	FO	168	1:30:12.82	
169	308	Emily White	FO	169	1:30:14.62	
170	91	Anna Emms	FO	170	1:30:32.78	
171	277	Tony Stewart	M60	12	1:30:44.77	
172	133	Emma Healy	FO	172	1:30:57.99	
173	189	Victoria Metson	FO	173	1:30:58.99	
174	221	Sandy Phillips	F50	10	1:31:07.16	Ipswich Jaffa RC
175	37	Laura Brown	FO	175	1:31:10.73	Stowmarket Striders RC
176	87	John Edwards	M50	27	1:31:21.9	

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177	67	Amanda Crichton	F40	8	1:31:24.21	
178	147	Jacqui Howes	F40	9	1:31:27.11	
179	136	Anne Herbert	F60	1	1:31:27.96	Harwich Runners
180	278	Lucy Street	FO	180	1:31:37.58	
181	22	Maxine Bishop	F50	11	1:31:44.32	
182	2	Mary Akin-george	F40	10	1:31:51.47	
183	258	Ross Silverton	M65	9	1:31:59.47	Witham RC
184	63	Adrian Cole	M55	15	1:32:01.52	Stowmarket Striders RC
185	34	Alan Bridgman	M50	28	1:32:02.11	
186	121	Daniel Hadden	MO	186	1:32:02.35	
187	238	Dave Robinson	M45	23	1:32:10.14	
188	145	Hayley Howard	F40	11	1:32:11.17	
189	232	Graham Rankin	M55	16	1:32:12.2	
190	257	Ian Sillett	M60	13	1:32:16.59	Felixstowe RRC
191	245	Nicola Sadler	F45	6	1:32:17.98	
192	287	Claire Trott	FO	192	1:32:20.35	
193	74	Zara Davis	F40	12	1:32:36.38	Hadleigh Hares AC
194	150	Lorraine Huggins	F40	13	1:32:37.53	
195	290	Wing-mei Ung	F40	14	1:32:43.59	Boxted Runners
196	210	Mark Oxford	MO	196	1:33:14.64	Ipswich Triathlon Club
197	271	Pamela St Leger-mcconnell	F50	12	1:33:17.63	
198	120	David Guy	M55	17	1:33:19.53	
199	154	Linda Hunt	F60	2	1:33:25.05	Bungay Black Dog RC
200	57	Duncan Chamberlain	M50	29	1:33:48.89	Ipswich Jaffa RC
201	38	Paul Brown	M40	28	1:33:55.77	Harwich Runners
202	44	Sylvia Bullen-bell	F55	4	1:33:58.29	
203	156	Kate Hutson	FO	203	1:34:17.63	Ipswich Jaffa RC
204	122	Laura Hall	FO	204	1:34:29.69	
205	9	James Attenborough	MO	205	1:34:35.99	
206	215	Thomas Parsons	M40	29	1:34:40.71	
207	303	Claire Welford	F40	15	1:34:40.76	
208	312	Helen Wigley	FO	208	1:34:49.09	
209	138	Jo Higgon	F55	5	1:34:52.03	Harwich Runners
210	119	Michelle Guy	F50	13	1:34:54.18	
211	206	Hayley Oliver	F45	7	1:35:14.47	
212	301	Paul Webster	M40	30	1:35:23	
213	240	Rita Rue	F55	6	1:35:34.94	Saint Edmund Pacers
214	283	Nessie Thorpe	F40	16	1:35:41.58	
215	86	Karen Eaton	F45	8	1:35:47.62	Felixstowe RRC
216	292	Suzanne Vincent	F45	9	1:35:58.57	
217	176	Jenny Lynch	F50	14	1:36:00.2	Felixstowe RRC
218	273	Jo Steed	FO	218	1:36:08.23	
219	274	Will Steed	M40	31	1:36:08.31	
220	18	Marion Bennett	FO	220	1:36:22.26	Ipswich Jaffa RC
221	19	Jamie Bennett	M40	32	1:36:22.97	Ipswich Jaffa RC
222	174	Jo Lummis	FO	222	1:36:24.28	
223	109	Dawn Gillett	F55	7	1:36:25.92	
224	282	Jessica Thorpe	FO	224	1:36:28.34	Stowmarket Striders RC
225	246	Ed Saltmarsh	M45	24	1:36:59.26	
226	59	Jenny Church	F55	8	1:37:35.35	Felixstowe RRC
227	185	Larissa Mayhew	F50	15	1:37:40.35	
228	211	Matt Paisley	MO	228	1:38:13.57	
229	101	Karen Flowers	F45	10	1:38:40.48	Witham RC
230	83	Cheryl Drake	FO	230	1:38:49.55	
231	299	Suzy Waters	F40	17	1:38:52.66	
232	235	Emma Richbell	F45	11	1:39:08.06	Sudbury Joggers
233	302	David Weeding	M45	25	1:39:16.9	
234	27	Anita Bond	F55	9	1:39:36.28	Eastern Masters AC
235	226	Christina Pretty	F55	10	1:40:01.63	
236	104	Amanda Fraser Fish	F45	12	1:40:01.78	Woodbridge Shufflers RC

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237	24	Steven Boggis	M45	26	1:40:12.8	
238	149	Faye Hubbard	FO	238	1:40:15.28	
239	69	Gillian Croot	F45	13	1:40:37.58	
240	234	Steven Reynolds	M60	14	1:40:54.63	
241	305	Jo Whelan	F55	11	1:41:31.66	Felixstowe RRC
242	209	Anneli Ostler	FO	242	1:41:41.15	Felixstowe Road Runner
243	165	Rebecca Kerridge	FO	243	1:41:55.73	
244	158	Samantha Ingram	F45	14	1:42:11.71	
245	117	David Gridley	M50	30	1:43:07.14	
246	131	Deb Harrison	F40	18	1:43:09.98	Braintree & District AC
247	170	Elise Law	FO	247	1:43:24.6	
248	55	Ray Challoner	M55	18	1:44:06.12	
249	184	Stuartt Masters	M40	33	1:44:06.21	
250	204	Anne Oliver	F60	3	1:44:09.61	Felixstowe RRC
251	319	Maureen Wright	F65	1	1:44:22.04	Ipswich Jaffa RC
252	17	Becky Beard	FO	252	1:44:37.97	
253	92	Matthew Enfield	MO	253	1:44:38.09	
254	33	Rachal Brett	FO	254	1:44:51.09	
255	260	Emma Smith	FO	255	1:44:51.39	Running Colchester
256	70	Dawn Cullimore	F50	16	1:44:52.62	
257	315	Alexea Williams	FO	257	1:44:56.5	
258	16	Laura Beale	FO	258	1:45:58.56	
259	180	Matt Makin	MO	259	1:46:46.82	Felixstowe RRC
260	268	Zoe Sowerby	FO	260	1:47:27.06	
261	128	Sue Hargadon	F60	4	1:47:46.92	Ipswich Triathlon Club
262	107	Kerry Fuller	F45	15	1:49:00.66	
263	201	Joan Nevin	F65	2	1:49:13.66	Haverhill Running Club
264	202	John Nevin	M65	10	1:49:13.97	Haverhill Running Club
265	269	Carol Spurgeon	F50	17	1:51:10.14	
266	219	David Pearson	M50	31	1:51:40.31	
267	179	Hannah-mae Taylor	FO	267	1:52:43.58	Bungay Black Dog
268	236	Steve Roberts	MO	268	1:54:42.11	Sudbury Joggers
269	71	Kris Dalby	MO	269	1:55:32.47	Harwich Runners
270	163	Sandra Johnson	F45	16	1:57:06.61	
271	93	Fudge Farrar	F45	17	1:57:07.41	Bungay Black Dog RC
272	262	Heather Smith	F45	18	1:58:04.53	
273	132	Sharon Hayfield	F45	19	1:58:04.82	
274	79	Jo Dickinson	F45	20	1:58:31.52	Felixstowe RRC
275	143	Trish Hopkins	F65	3	2:06:25.29	Felixstowe RRC