

Hadleigh 5 2019

Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>Actual time</i>	<i>Club</i>
1	5013	Lee Barber	MO	0:27:45.38	Framlingham Flyers
2	5045	Garry Cullum	M40	0:29:12.73	Felixstowe RRC
3	5141	John Scaife	M45	0:29:12.73	Hadleigh Hares AC
4	5027	Samuel Burdett	MO	0:29:56.36	Stowmarket Striders Running Cl
5	5049	Joseph Davison	U18M	0:30:28.56	Ipswich Harriers
6	5061	James Foot	M40	0:30:36.9	
7	5012	Murray Baker	M40	0:30:52.65	TRISudbury Triathlon Club
8	5026	Stuart Buchan	MO	0:30:54.92	Stowmarket Striders Running Cl
9	5083	Steve Hall	M45	0:31:35.2	Framlingham Flyers
10	5119	Morgan Moore	MO	0:32:44.66	Stowmarket Striders Running Cl
11	5104	Jan Kading	M45	0:32:45.17	Stowmarket Striders Running Cl
12	5015	Howard Beasley	M55	0:32:54.37	St Edmunds Pacers
13	5160	Andrew Turner	MO	0:33:01.98	Hadleigh Hares AC
14	5052	Kerry Dennett	FO	0:33:37.15	
15	5073	Jess Gooderham	FO	0:33:56.72	St Edmunds Pacers
16	5051	Ricky Deasy	M40	0:35:05.72	
17	5167	Catriona Ward Sell	FO	0:35:05.75	Vegan Runners RC
18	5143	Jimmy Secker	M45	0:35:07.13	Sudbury Joggers
19	5077	Stuart Green	M55	0:35:45.57	Stowmarket Striders Running Cl
20	5110	Katy Leyland	FO	0:36:27.32	
21	5064	Simon Fraser	M50	0:36:32.48	
22	5165	Kelly Wagland	M50	0:36:33.35	
23	5138	Mark Rose	M40	0:36:36.33	Ipswich Jaffa RC
24	5095	Nicholas Holloway	U18M	0:36:40.58	
25	5011	Chris Axford	M50	0:36:41.8	Jogging Made Easy
26	5072	Ian Gooderham	M50	0:37:19.7	St Edmunds Pacers
27	5111	Gary Lowe	M60	0:37:55.21	Saxmundham Sports Running &
28	5092	Rosanna Holden	FO	0:38:11.02	Jogging Made Easy
29	5019	Rachel Bodsworth	F40	0:38:18.75	Hadleigh Hares AC
30	5113	Joanne Mark	FO	0:38:22.55	
31	5002	Ed Abbott	MO	0:38:25.19	
32	5108	Darren Leeks	M45	0:38:31.48	
33	5003	Liam Ackerman	MO	0:38:45.9	
34	5004	Vic Ackerman	M60	0:38:46.4	
35	5070	Katie Gibson	F45	0:39:00.17	Colchester Harriers AC
36	5136	Liam Robinson	MO	0:39:03.37	
37	5078	Daniel Griffiths	MO	0:39:47.44	Witham RC
38	5126	Chris Panton	M40	0:39:52.98	Colchester Harriers AC
39	5063	Michael Foster	MO	0:40:38.33	Running Colchester
40	5162	Ben Tyler	MO	0:40:38.71	
41	5023	Angela Brinkley	F55	0:40:51.4	Stowmarket Striders Running Cl
42	5089	Paul Heeks	M50	0:40:51.62	Stowmarket Striders Running Cl
43	5106	Fliss Kindred Kirk	U18F	0:41:02.96	Framlingham Flyers
44	5059	Paul Elliott	M45	0:41:06.11	
45	5135	Joe Roberts	MO	0:41:13.65	
46	5117	Stephen Metson	MO	0:41:16.57	Halstead Road Runners
47	5009	Nick Allen	MO	0:41:39.98	St Edmunds Pacers
48	5036	Mark Chisnall	M45	0:41:56.89	
49	5088	Kate Heeks	FO	0:41:58.36	Stowmarket Striders Running Cl
50	5093	Fiona Holland	F60	0:42:06.16	Hadleigh Hares AC
51	5173	Kate Wills	F40	0:42:17.6	Boxted Runners
52	5040	Ruth Cowlin	F55	0:42:32.9	Sudbury Joggers
53	5154	Christopher Smith	M45	0:42:48.5	
54	5153	Craig Slater	MO	0:42:49.08	
55	5105	Amy Kerry	FO	0:42:52.57	Stowmarket Striders Running Cl
56	5132	Andrew Read	M55	0:42:57.57	Witham RC

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57	5020	Cherri Farren	F40	0:43:01.73	
58	5116	Sandra Mayhew	F55	0:43:03.51	Stowmarket Striders Running Cl
59	5067	Juliet Garnham	F45	0:43:10.04	Stowmarket Striders Running Cl
60	5175	Louise Yates	F40	0:43:32.66	Colchester Harriers AC
61	5014	Jo Barton	F40	0:43:37.7	
62	5097	Nathalie Hooper	F50	0:44:27.03	Hadleigh Hares AC
63	5096	Neil Holloway	M55	0:44:30.55	
64	5114	Dawn Marshall	F55	0:44:33.08	St Edmunds Pacers
65	5062	Caitlin Fosker	FO	0:44:58.63	Hadleigh Hares AC
66	5139	Nicola Sadler	F50	0:45:00.16	
67	5144	Tim Braybrook	M40	0:45:22.67	
68	5032	Nic Carter	F45	0:45:24.8	
69	5101	Corinna Hussey	F45	0:45:35.83	Ipswich Jaffa RC
70	5115	Claire Maskery	FO	0:45:37.37	Stowmarket Striders Running Cl
71	5103	Phillip Jones	M45	0:45:40.38	
72	5071	Bex Gilbert	FO	0:45:43.88	
73	5142	Belinda Schofield	F60	0:46:10.79	Newmarket Joggers
74	5140	Andrew Sargent	MO	0:46:27.77	Stowmarket Striders Running Cl
75	5174	Denise Wright	F55	0:46:41.65	Stowmarket Striders Running Cl
76	5169	Kim Braybrook	FO	0:46:53.56	
77	5146	Elizabeth Severy	F55	0:47:12.9	
78	5122	Julia Moss-eccardt	F45	0:47:12.94	Stowmarket Striders Running Cl
79	5034	Alex Chisnall	FO	0:47:38.13	
80	5099	Iain Hunter	M60	0:47:43.27	Stowmarket Striders Running Cl
81	5102	Paula Johns	F45	0:47:44.68	LRG
82	5037	Gregory Coomber	M50	0:47:52.96	
83	5129	Moira Pinkney	F65	0:48:03.19	Ipswich Jaffa RC
84	5005	Hannah Adedotun	FO	0:48:11.47	
85	5060	Melonie Evans	F45	0:48:20.24	TRISudbury Triathlon Club
86	5171	Angela Whiting	F55	0:48:23.04	Stowmarket Striders Running Cl
87	5081	Sarah Gwalter	FO	0:48:25.04	
88	5149	Robert Sievey	M55	0:48:34.73	
89	5056	Victoria Driver	F40	0:48:35.1	
90	5128	Lisa Patchett	FO	0:48:35.38	
91	5076	Esther Gray	FO	0:48:39.86	
92	5007	Nicola Alexander	FO	0:48:57.2	
93	5008	Helen Allan	F50	0:49:03.52	
94	5109	Claire Lewis	F50	0:49:43.91	
95	5018	Amanda Bird	F45	0:49:45.17	Ipswich Jaffa RC
96	5021	Peter Bolton	M55	0:50:12.48	
97	5031	Nicola Caba	F55	0:50:13.54	
98	5118	Vanessa Mitchell	F50	0:50:14.65	Stowmarket Striders Running Cl
99	5016	Shirley Binks	F50	0:50:14.66	Stowmarket Striders Running Cl
100	5159	Cheryl Thomas	F55	0:50:17.91	Ipswich Jaffa RC
101	5086	Vanessa Harvey	F55	0:50:30.96	
102	5121	Teresa Morse	F50	0:50:39.39	
103	5048	Ruth Davies	F55	0:50:39.63	
104	5022	Karly Bridgman	FO	0:51:17.71	
105	5058	Chloe Elliott	FO	0:51:17.92	
106	5125	Mandy Newman	F55	0:51:27.27	Running Colchester
107	5158	Jill Thatcher	F55	0:51:56.39	Jogging Made Easy
108	5043	David Crissell	MO	0:52:03.15	
109	5098	Barry Humphreys	M55	0:52:09.79	Stowmarket Striders Running Cl
110	5033	Gillian Charlton	F60	0:52:10.11	Stowmarket Striders Running Cl
111	5147	Jacqui Seymour	F45	0:52:10.18	Stowmarket Striders Running Cl
112	5053	Sarah De-vaux Balbirnie	FO	0:52:30.07	
113	5010	Jeanette Appleton	F60	0:52:33.01	
114	5047	Emma Cummings	F45	0:52:48.5	
115	5084	Lisa Hares	F40	0:53:08.74	
116	5134	Steve Reynolds	M45	0:53:16.17	

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117	5133	Alison Renshaw	F40	0:53:41.2	Ipswich Jaffa RC
118	5079	David Guest	M50	0:53:48.1	
119	5080	Lisa Guest	F45	0:53:48.84	
120	5120	Kara Moore Damant	F40	0:53:59.52	Stowmarket Striders Running Cl
121	5057	Suzi Dunning	FO	0:54:11.52	Stowmarket Striders Running Cl
122	5066	Gillian Fry	F55	0:54:35.24	
123	5024	Ben Brown	U18M	0:54:43	Orwell Panthers AC
124	5131	Amanda Prior	F50	0:54:48.56	Capel Cheetahs RC
125	5025	Samantha Brown	F50	0:54:49.1	
126	5038	Michelle Cooper-keeble	F40	0:54:59.59	Harwich Runners
127	5075	Marie Grantham	F45	0:55:24.16	
128	5082	Cathy Hadden	F40	0:55:52.92	
129	5157	Tracey Squirrel	F50	0:56:34.5	
130	5152	Anne Slater	F50	0:56:38.02	Stowmarket Striders Running Cl
131	5124	Linda Newbigging	F60	0:57:15.13	
132	5100	Susan Hunter	F60	0:57:57.12	Stowmarket Striders Running Cl
133	5017	Jo Birch	F45	0:58:57.75	Lonely Goat RC
134	5054	Jo Dickinson	F50	0:59:10.15	Felixstowe RRC
135	5150	Yazmine Sievey	FO	0:59:20.57	
136	5001	Katherine Aykroyd	FO	0:59:39.21	
137	5046	Tina Cullum	F40	0:59:44.41	
138	5172	Sue Wilkinson	F50	1:00:16.01	Hadleigh Hares AC
139	5094	Tony Holland	M50	1:00:16.44	Ipswich Jaffa RC
140	5069	Chris Gay	F65	1:02:20.61	Lonely Goat RC
141	5145	Andrew Severy	M60	1:02:29.31	
142	5112	Niki Macsephney	F45	1:04:16.94	
143	5085	Emma Harris	F45	1:04:32.4	Boxted Runners
144	5161	Katherine Tuthill	F40	1:04:32.61	Boxted Runners
145	5168	Linda Wells	F55	1:12:00.43	Stowmarket Striders Running Cl
146	5127	Julie Parr	F40	1:30:45.14	